



# GUIDELINES



## President's Report

By Scott Locorini



President Scott Locorini

Members often ask, "Why should I attend Rendezvous?"

To be honest, I felt the same way for years when I was an uninvolved member. Then I received a call from my regional director and decided to attend. The welcome I received was war, and genuine, not like many of the national and international conferences I attend where I am just a number or potential sale. These people were

happy to see me, hear what I had to say and to answer my questions.

If I correctly recall, the seminars that year included a presentation on using Facebook for your business but I don't recall the other ones. I do recall attending my first annual meeting and learning about the astonishing number of committees that the NYSOGA managed. But conversations with members and aspiring guides were the most memorable part of the weekend.

When you get a group of people together who are passionate about what they do, or what they want to do, you can learn a lot from each other. The topics of conversations ranged from marketing, business guiding techniques, procedures, guest interactions and so much more. In

addition to that, the guiding stories and music lasted late into the night.

This is going to be special Rendezvous. After a two-year hiatus due to the pandemic, we will see old friends again and meet new ones. We will also have some great presentations, train aspiring guides, host the guide exam (the only in-person test left in the state), do the annual meeting, elect a new Board of Directors (including your regional director) and network with a great group of people who all have common goals and experiences. I can't wait to attend and hope that you will consider attending all or part of it.

*Scott*

## NYSOGA Winter Rendezvous "Honoring Traditions – Rising to New Challenges"

The 2022 Winter Rendezvous Team invites you to join fellow guides, their families, prospective guides, and guests at the White Eagle Conference Center in Hamilton, NY from March 3 to 6, 2022, for Winter Rendezvous XXXIX.

**Register at [www.nysoga.org](http://www.nysoga.org) – Programs – Winter and Summer Rendezvous.**

Attendees can take advantage of certification trainings, education, sitting for the guide exam administered by NYSDEC, networking and socializing. This location allows participants to walk to all venues once their car is parked. Meals, lodging, location, and staff are outstanding.

**COVID precautions will apply as advised by the CDC.** The National Safety Council determines certification class COVID precautions.

**Thursday** - NYSOGA offers Water Safety for Guides certification and a Guide Exam Review question & answer session.

**Friday** - NYSOGA offers certification classes that meet the requirement for obtaining/maintaining a NYS guide's license.

**The Saturday Luncheon** **Keynote Speaker** will give attendees an overview of new changes in the administration of the NYSDEC Licensed Guide Program.

**Saturday's Schedule** is packed with seminars of interest to active and aspiring guides. Seminars include Leave No Trace, North Country National Scenic Trail, "Stop the Bleed" first aid and a Joint Pilots and Engineers Exam (required for anyone who transports people or materials for hire using

mechanically-driven watercraft on NY inland waterways).

The Association's **annual meeting** for members is Saturday afternoon and the **annual guides banquet**, a good time for everyone, is Saturday evening.

**Evening social time** with a tended bar in the Tepee Room is always enjoyed on Friday and Saturday.

Non-NYSOGA attendees do not receive a member discount for certifications and are assessed a small processing fee. Late fees begin on February 18, and the registration deadline is February 28.

**Note:** If you are a NYSOGA member, please consider becoming more involved in the operation of the Association by becoming a member of the Board of Directors or joining one of our many committees.

A new Board of Directors is elected each year at the Annual Meeting. NYSOGA needs involvement from members who are willing to participate and share ideas and skills to remain a thriving Association in the future. Feel free to contact any of the Board of Directors or stop by the Rendezvous registration table in March to learn more about NYSOGA's current needs.

**PLEASE MAKE ALL LODGING REQUESTS DIRECTLY WITH:**

WHITE EAGLE  
CONFERENCE CENTER  
2910 Lake Moraine Road, PO  
Box 670, Hamilton, NY 13346  
Phone 800-295-9322, /  
315-824-2002.  
Website: [www.whiteagle.com](http://www.whiteagle.com)

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# GUIDELINES

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# MEMBERSHIP REPORT

*From Capt. Lee Godin*

Hello Fellow Outdoors Persons.  
Listed below are our membership numbers at present:

Life Members - 18

Active Members - 22

Active Members not yet renewed - 112

Associate Members - 3

Associate Members not yet renewed - 11

Honorary Members - 14

Please welcome the following new members:

Bill Waterhouse is from Livingston County. (585) 382-5055 or bill@trailotter.com

Marvin Yamonaco from Rochester - All Tagged Out Guide Service - (585) 831-0413 or marvinyamonaco@yahoo.com

Craig Ringer from Lewis, NY runs Fair Chase Outdoors (802) 377-8153 - craig.fcony@gmail.com; Website is fcony.com

Glenn Donovan from Tuxedo, NY runs A Serene Path (845) 275-7390 - Donovan.glenn1@gmail.com; Website facebook.com/aserenepath/

Please take advantage of your online renewal/payment system to submit your dues payment and any web changes you may have. The online renewal form can be found at [www.nysoga.org/renewmembership.html](http://www.nysoga.org/renewmembership.html)

As always, please contact me if you need anything at (518) 542-2709 or go\_lee@yahoo.com.

My mailing address is 26 West Mountain Lane, Berne, NY 12023.

Renew Membership – NYSOGA – New York State Outdoor Guides Association

For Active, Associate and Life Members ONLY ACTIVE & LIFE MEMBERS – Please check your current web listing to see if there is any information you would like to change. Provide ONLY THE INFORMATION YOU WOULD LIKE TO UPDATE. Please note that there is an additional \$10.00 web design fee for CHANGES to the BUSINESS DESCRIPTION. ASSOCIATE MEMBERS – .  
[www.nysoga.org](http://www.nysoga.org)

*Lee*





*Above: NYSOGA Charter Members L-R are Craig Tryon, Alan Woodruff, Bill Wharton, Bill Leege, Wayne Failing, Don Williams (Charter President), Jeff Whittemore, Sheila Young and Sonny Young*

*Upper Right: Quilt maker Mary Tryon with the 2018 winner.*

*Right: Rendezvous music provided by Sandra Rose and Sonny Somelofski.*

## Licensed Guide Examination Updated by NYSOGA; To Go On-Line in 2022

*By Michael Newell*

The NYS Licensed Guide Exam has been updated with the help of an ad hoc committee of NYSOGA who worked together in 2021 to refresh the exam. The exam being used had originally been implemented with help from NYSOGA at the start of the current Guide Licensing

Program. The new exam contains more questions and covers subject areas more uniformly. At the request of the DEC, questions on "Leave No Trace" were added to the exam.

The committee started its efforts in October of 2020 and turned over the new exam to DEC in March of 2021, after many hours of meetings and work to review, update questions, and write new questions for the exam. NYSOGA completed a new General exam, as well as new exams for Hunting, Fishing, Camping, Hiking, and Boats and Canoes. The committee also provided an updated study guide to the DEC.

Beginning in 2022, the exams will now be given on-line. Registered applicants will be given an online link when they register for the exam. The link becomes active at the time and date of the exam and each exam must be completed in the specified amount of time. Notification of a passing or failing grade is received when the exam is submitted.

The one exception to the online exam will be the written exam given at the Winter Rendezvous each year. This year, the Winter Rendezvous exam will be given on March 5th at the White Eagle Conference Center in Hamilton NY. NYSOGA will hold a review

session for potential applicants on Thursday evening, March 3, at White Eagle.

### WINTER RENDEZVOUS INTRODUCTION TO LEAVE NO TRACE INTRODUCTION

Michael Newell will be presenting an introduction to Leave No Trace at this year's Winter Rendezvous. Leave No Trace teaches us how to minimize our impacts on our natural world and is being adopted by many outdoor organizations to think ethically about how we use and treat our natural resources.

One of the seven principles of Leave No Trace is Plan Ahead and Be Prepared. As you know as guides, adequate trip planning and preparation helps accomplish trip goals safely and enjoyably, while simultaneously minimizing damage to the land. Poor planning often results in miserable experiences and damage to natural and cultural resources.

One of our exercises at the presentation will be to compare our day packs, to see what other guides typically pack for a day in the woods, (or on the water.) This should be a fun exercise, so bring your typical day pack and be prepared to share its contents with the group.

## Rendezvous

*Continued from page 1*

Note: Meals are included with Lodging Reservations.

**Day tripper meals** (not lodging at White Eagle) must be paid to NYSOGA and selected using the online Rendezvous registration form.

**Questions:** Email: [info@nysoga.org](mailto:info@nysoga.org)

NYSOGA Winter Rendezvous Team: Sonny Young (Chair), Herb Broome, Roy Earley, Mary Hall, Scott Locorini, Brian Manning, Sandra Rose, Craig Tryon, Jeff Whittemore, Alan Woodruff and Sheila Young. **The "Hyker Kanooski Guide Quiz is offered by John Wainwright.**

# AROUND THE REGIONS



Ed Moran

## REGION 1

By Ed Moran

All has been quiet in Region 1. After a very wet September and October,

November and December were on the noticeably warm and dry side with the only light coating of snow so far falling on Christmas Eve. In neighboring Region 2 (NYC) it was the third warmest December of the past 150 years. Out here in Suffolk County, this warm dry spell may have led

to one of the few bits of excitement for local Forest Rangers. They responded on December 21 to a third of an acre brush fire started when a homeowner dumped fireplace ash onto debris behind his home. It took about an hour to suppress, and the Ranger educated the homeowner not to do that again.



Sheila Young

## REGION 5

By Sheila Young

Hi all.

All I can say for Region 5 is "Brrrrrrrr!" -20 degrees this morning. My rescue/rehab squirrels are not leaving their

nest box.

We have a nice snow cover in the northern area. The High Peaks are covered with deep snow with bare ice in the windy exposures. Snowshoes are required if off-trail snow is 8" deep and microspikes or crampons are essential tools. Stay warm, stay safe and enjoy the season.

As the chairperson of Rendezvous, I

have this request ... Please consider bring a donation item for the Banquet Raffle. We will be having a special raffle item - Mike Newell has crafted a frame for an original 1991 Rick Mundy Centennial poster and it's a beauty! The NYSOGA Store will be offering the first in a series of collectable teas honoring famous (or infamous?) NYS guides.



John Wainwright

## REGION 6

By John Wainwright

Looking forward to the New Year. The ADK Railroad's trains starting in Utica can now travel all the way to Tupper Lake. It will also stop at Thendara

Station and a section of the North Country National Scenic Trail is being developed in our region as it enters the western Adirondacks.

Wondering if anyone else has seen some unusual migration or might say non-migration of some birds. I have about 30 turkey vultures who hang out on the farm next door who usually leave for parts south in mid to late

November and return in early March. Last year they left in early December and returned the last week in February. This year most left in December but I still have five here on January 20. I also had a flock of Cedar Waxwings, about 20 by my feeders between Christmas and New Years. Just find it interesting how climate change affects the natural world.



Sandra Rose

## REGION 7

By Sandra "Squeak" Rose

Hello from Region 7-

I write to you during a snowstorm that has produced heavy ice and sleet throughout the night; this has been the case for this winter so far. We are way down in snow totals for the entire region and the wood piles have not suffered too badly as of yet.

The deer season was not the best and many were disappointed throughout the region and the state for that matter. Although one buck did decide to run out in front of me directly under

the street light at RT 104 and East 6th street in downtown Oswego.

The Region 7 members have not met in quite some time as is the case for so many groups in our nation but we will overcome because that is what this nation is all about. While Region 7 and most of New York State ended 2021 with record warm temperatures, we are seeing the norm has returned within the last several days with -13 to -21. Oneida Lake has frozen and the feedback that I have witnessed has shown that the walleye and pike fishing have been excellent there.

The Salmon fishing for 2021 was absolutely stellar and many have compared it to seasons of 25 years ago; I know that I have not seen a Salmon season run as long as 2021 did in at least 20 years.

Our snow dependent businesses were beginning to get nervous but we have had 2 significant storms that have come to the rescue and I am very happy for them and their families' livelihood.

I have been blessed and busy purchasing a gorgeous additional 23 acre piece for increasing my Wild Bird Guiding as well as deer and turkey with hopes of regional and NYSOGA meetings, classes and gatherings possibly taking place there. My beautiful & humble cabin known far and wide as "The Shanty" has been brought home via roll-back (\* no small feat!) and Squeak has pretty much taken up permanent residence in it, I look forward to NYSOGA Family visitors there

See REGION 7 on page 6



## ADVICE FROM "DR. GUIDE"

# Jack Frost Nipping at Your ...



By NYSOGA Member  
Tom Welch, M.D.

*Reprinted with permission from ADIRONDACK, the magazine of the Adirondack Mountain Club. The basic science of frostbite is simple. The body's ability to keep an area of tissue warmed is overwhelmed by the cold environment and the tissue freezes. Frostbite is the actual, literal freezing of a body part. The occasional tingling of the nose, ears or fingers that follows cold is a sign that the body is unhappy with the temperature but is not true frostbite.*

The key to preventing frostbite lies in understanding how it occurs. The circulation of warm blood to body parts is our major defense against the cold. Anything that impairs circulation, therefore, can promote frostbite. Smokers, diabetics and individuals with any preexisting circulatory disease may have a decreased blood flow to their fingers and toes, predisposing to frostbite and its sequelae.

Similarly, with dehydration, the body tends to decrease blood flow to places like the arms and legs in order to maintain circulation to vital internal organs. Thus, the dehydrated trekker is at greater risk of frostbite. Indeed, some experts maintain that frostbite rarely occurs in the absence of dehydration.

Moisture in the upper layers of skin promotes freezing. Thus, keeping the skin as dry as possible is another important preventive measure. With time, unwashed skin accumulates oils which, in the absence of water, may be protective. This is the rationale for minimizing washing while spending time in a freezing environment. Readers of Byrd's gripping narratives of his several Antarctic

sojourns will be familiar with this concept. It goes without saying that appropriate warm clothing is a critical defense. Mittens, rather than gloves, are the optimal hand-wear, although gloves should also be brought along for tasks requiring dexterity. Also important is a balaclava or similar apparel, both to protect the very susceptible nose and ears and, just as important, to minimize radiant heat loss from the head. Watch carefully for clothing that can be constricting - especially on the feet. By impairing circulation, such items can actually increase the danger of freezing; the toes are among the body parts most often affected by frostbite.

Heat is conducted very efficiently by metal. Direct skin-to-metal contact, such as in working with a stove, can cool tissues dangerously. Minimize such exposure by using gloves where possible and having others in the crew share the work. For reasons that are not clear, once a part of the body has suffered frostbite, it appears to be more easily susceptible to recurrent injury cold injury. Therefore, particular attention must be paid to protection and observation of any such area.

Recognition of frostbite is not difficult. The affected area will generally be numb, white and hard. In some cases, blistering may be present.

Field treatment of frostbite includes some general suggestions, applicable to any situation, and then two divergent approaches, depending upon conditions. The victim must be warmed and hydrated, mainly to prevent further injury. The involved area should be covered with a sterile dressing and protected by padding from pressure and abrasion. Any break in the skin should be covered by an antibiotic ointment. A major part of the damage in frostbite results from blood clotting in the affected area; administration of a single simple aspirin tablet may help to minimize this complication. (By the way, this is also part of the current emergency management of a suspected heart attack, for much the same reason.)

The divergent approaches come in at this point. Although the ultimate treatment of frostbite is careful thawing, whether or not this should be done in the field depends upon a number of factors. First of all, if thawing is to be undertaken it must be with the assurance that the area will not refreeze. A cycle of freezing-thawing-refreezing has been shown

to be more damaging to tissue than simply staying frozen. If the frostbite involves the feet, and if the victim will need to do some walking during evacuation, thawing may best be delayed. While one can walk on a frozen foot, walking on a thawed foot is virtually impossible. Finally, proper thawing requires immersion in water of a fairly constant temperature (38 to 42 degrees C). Water that is much warmer than this can be very damaging to tissue. Few parties outside of major expeditions are equipped to provide large volumes of constant-temperature clean water in a container appropriate for this undertaking. Since there are few places in the Northeast where evacuation for definitive care takes an inordinate amount of time, there are probably few circumstances in our area in which field thawing is necessary. Once definitive medical care has been reached, there is one important "consumer warning." Frostbitten tissues can look absolutely ghastly for days or weeks, but ultimately recover.

Surgeons not used to dealing with the problem may be quick to recommend amputation when, in fact some recovery is actually possible. Amputation for frostbite should almost never be an urgent undertaking. A well-known textbook of mountaineering medicine quotes the aphorism.. Freeze in January; amputate in June.

Some readers may remember learning, as did I, about the dangers of rubbing frostbite with snow or ice. I was always curious about such warnings: who in their right mind would rub frozen tissue with snow anyway? It turns out that not only was such advice routine in the 19th Century, but it also had some rationale. During Napoleon's ill-fated siege of Moscow in the winter of 1812-1813, his troop were decimated by frostbite. It was common for the men to spend evenings around roaring campfires, thawing their frozen limbs in the heat of the flames. Of course, they would often freeze again the next day. Napoleon's chief surgeon, deLarrey, was actually the first physician to recognize that this freeze-thaw cycle was very dangerous, leading to gangrene and loss of limb or life. His recommendation was simply that if the soldiers felt the need to massage frozen areas, they do so with something cold so as not to induce thawing.

While certainly not appropriate advice today, it was a major advance almost two centuries ago!

# Nominations and Awards

By Mary Hall

NYSOGA's Awards Committee is still accepting nominations for all our awards except Life Member. Any member can nominate another member for the following:

Camp Spoon - "A Worker Bee": Inspired by our president's gavel, this goes to a member who provides dedicated and outstanding service toward NYSOGA's goals.

Camp Lantern - "It is better to light a candle than curse the darkness," given to a member who, through words, deeds or actions, exemplifies service to others.

Packbasket - "Those who carry the load," given to a member who consistently goes above and beyond in service to fellow guides.

Honorary Membership - Given to a person who, through words, deeds or actions, to have furthered and aided the environment, conservation or outdoor guiding in NY. The recipient does not need to be a current or past guide.

All nominations have to be in before Feb. 7th in order to be considered. They should be sent to the Awards Committee Chair Mary Hall at maryphall71@gmail.com.

## Try This Recipe ... Fruit Puffs

1 cup dates, pitted  
1/2 cup raisins  
1/4 cup dried apricots  
1/4 cup peanut butter  
2 teaspoons sesame seeds  
(or 2 egg whites mixed with 1/2 cup cornstarch)  
Cooking oil

Chop up dates, raisins and apricots and mix with peanut butter.

Form into walnut-sized balls and roll in peanut butter or egg white/cornstarch mixture.

In oil, preheated to 375, fry until they are nicely browned.

Check dough for stickiness and add a

little flour if necessary. It should not stick to your hands.

Bake at 350 for 10-12 minutes. If they have risen and the center is coming down, take out and enjoy. This recipe may



## Region 7 Report

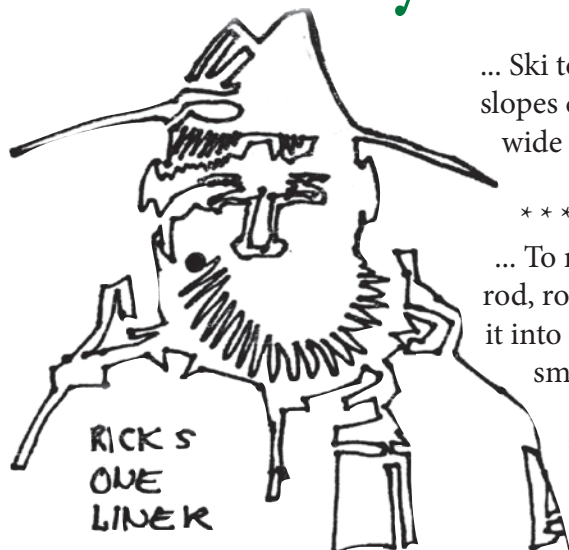
*Continued from page 4*

as well. I have become more and more active in Off Road ATV business and have had a nice increase in guiding through that venue for which I am extremely thankful. I have recently been elected to a board position with The Oswego Valley ATV Club and I am very

active in several clubs throughout Northern NY. I travel many miles within the ATV trail system, putting over 4,500 miles on my machines last year alone. Squeak's machines are named, "Camo-Sabbie" and "Belle Star," which will probably not be a big surprise to some.

Watch over our beautiful gorgeous state of NY, watch over your region, communities, family and friends and let's keep moving things onward and upward. All the best!

## "Guidie Says ..."



... Store your fishing flies in a cedar cigar box or a box with a piece of cedar in it during the winter. The cedar smell keeps moths away ...

\*\*\*\*\*

... Ski touring, unlike ski mountaineering, is for the valleys, where slopes can be climbed with wax and the downhill sections can be skied wide open ...

\*\*\*\*

... To remove rust or rough edges from the tip or guides of your fishing rod, roll a piece of emery cloth or fine sandpaper into a cone, insert it into the damaged guide, using a twisting motion until the metal is smooth ...

\*\*\*\*\*









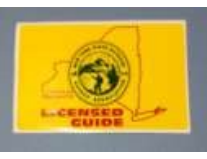













... Talcum powder inside rubber boots facilitates getting them on ...



Hello from your NYSOGA Products Store! The store is reopened for business with one change in our processing.

The previous Pay Pal link was not processing fees to your advantage. If you ordered more than one item, the link was compounding shipping fees regardless of the actual size or weight of your package. We can fill your order with a better shipping fee. Contact me at [adkfoothillsgs@gmail.com](mailto:adkfoothillsgs@gmail.com) for product price, tax and shipping.

Orders are fulfilled by receiving payment by check or money order.

				
Hat, waxed canvas, low-rise, Dark Brown \$20	Hat, cotton twill, trucker-rise, Beige \$20	Hat, 100% poly, golf-rise, Vista Grey \$22	Hat, Dri-Duck cotton/poly, low-rise, Moss \$20	Cap, synthetic knit, watch-style, Dark Blue \$20
				
Logo patch, embroidered, 3" round \$6	Rocker, Master Guide, embroidered, for 3" logo \$5	Window decal, adhesive, interior, 3"x7" \$2	Window decal, adhesive, exterior, 5"x 8", \$6	Logo lapel pin, die-cast metal, 1" round \$5
				
Vest, Columbia fleece, embroidered badge or logo, Charcoal Heather \$42	Tee, long sleeve, 100% poly, embroidered badge or logo, Forest Green \$25	Angler shirt, Dri-Duck, 100% poly, embroidered logo, Fog \$52	Hoodie, Independent, camouflage greens, embroidered logo \$62	Water bottles, 20 oz, metal, images vary, White w/ logo \$14
				
Coasters, cork and hardboard, with logo, images vary, each \$5	Note holders, Uni-Sub w/ Post-It notes, with logo, images vary, each \$7	Latte mug, ceramic, laser logo, silicone lid, Green \$15	Bill Legee original art Charter Member Life Member Note cards & envelopes 3 each of 2 cards Wolf/tent or fox/canoe \$10	Rick Mundy original art Life Member 17"x20" Vintage 1991 Centennial poster with notes from the artist \$25
				
Decal, adhesive, 3" logo, interior, available in paper or vinyl \$1	Travel mug, vintage 1991 Saranac Lake, adhesive disk, green on tan \$2			

To order:

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Products Team Leader Sheila Young, 214 Old Wawbeek Road, Tupper Lake NY 12986.

Order through [adkfoothillsgs@gmail.com](mailto:adkfoothillsgs@gmail.com) or (518) 637-6193.

# “Deafened”

By Squeak  
January 2022

Some folks go to extremes to have a company come in and soundproof a room for them but, you don't have to, all you need is one hundred dollars and pig-headed determination and I happened to have both.

There it stood, a light dismal brown-orange in color, quite an unsightly thing that had been home to sheep, goats and chickens, it didn't even have a floor. It's a good thing that no one with any common sense was accompanying me because they would have adamantly discouraged me from buying it. It was eight by ten, no door, no windows and the roof leaked in three places. I reluctantly inquired as to how much he wanted for it ... and when he said one hundred dollars, I jumped on it like a duck on a June bug. Grinning, I laid the money in his hand with my ideas and plans running like a triphammer.

The only thing that was odd was whenever I walked inside it, I couldn't hear,

I was “deafened”?! The man with the roll back truck arrived and I could see he had significant doubts, but, on it went and it flapped precariously in the wind the entire 30 mile drive. I instantly breathed better as soon as it made it back down on the ground; I stepped inside to assess its condition. It was fine but, again, oddly I was instantly “deafened.”

Since that time long ago, that livestock building has given me more peace than anything you can imagine. He was provided with a new metal roof bartered and traded for, he had a (new to him) floor installed from scrap lumber which was all that I had. Along the side of the road in someone's discard pile I gained him a new door from a feed room and because it was too small, it provided a lovely ventilation gap all the way around the door!

Now, the next thing was to install a stove pipe, and wood stove and, believe me, when it's eighty in there you are thankful for that fancy ventilation gap!

What's your point, Squeak?

I can easily tell you my point. That building, lovingly named “The Shanty,” has been moved five times in his lifetime -

(\*a total of 106 miles over the last 10 years), he now has a new floor, dark stain, two second hand windows and some pictures cut out of seed catalogs and fancy tea boxes, I have approx. five hundred dollars invested and he even came with that “vacuum door” that I finally figured out! ... You see... when you shut the door, you can hear “swooooo-thwwwack” and instantly the vacuum shuts out the entire world and you are “deafened” to all of the world's strife, hang ups and low level priorities.

The older that I get, the more that I need this; I am who I am, and I believe that Noah John could relate and that we could have some very interesting conversations to say the least. Have I ever played my song, “I Don't Care if My Socks Don't Match” for you? Snow and rain sing you to sleep on that metal roof, hemlock boughs caress the outside walls while maples drop their colors throughout the fall. Turkeys and deer stroll past and raccoons try to figure out that door with its bailing twine latch.

What's that you ask, No, sorry the building is not for sale! \$100,000? Sorry, I can't hear you.



NEW YORK STATE OUTDOOR GUIDES ASSOCIATION

# GUIDELINES

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*“On a rainy day in the mountains, I never met a fresh hot biscuit I didn't like.”*  
– Rod Replogle, U.S. Forest Service