



# GUIDELINES



## President's Report

By Scott Locorini



President Scott Locorini and daughter Mia

What a tumultuous year it has been! Between the droughts, floods, lost friends, snowstorms, rescheduled Board of Directors meetings and more, I am happy to say goodbye to 2018 and welcome the potential of 2019.

One of the biggest hurdles this year has been the loss of friend, board member and virtual office chairperson, Lynn Malerba. She left us too soon and it has been difficult to get our footing in her absence. She was a larger than life person who donated countless hours to the organization and is still missed dearly.

In Lynn's absence, one of the things that has become clear is that our online

presence needs to be kept updated and relevant in order to continue our mission going forward. Several of us have tried to keep our social media presence operation but the time required to gather content and update multiple platforms proved to be too much for us. This realization caused us to look outside NYSOGA for help and it was decided to hire a firm that specializes in social media and digital marketing to help us.

Going into 2019, we will have a much more reliable social media presence and I look forward to seeing what this will do for the organization.

I'm excited about the prospects for 2019 and hope all of you realize your personal and business goals in the coming year.

Until next time,

*Scott*

## Winter Rendezvous This March Is NYSOGA's Big Event of the Year

By Rendezvous Chair  
Will Soter

NYSOGA will host Winter Rendezvous XXXVIII March 14th-17th, 2019 at White Eagle Conference Center in Hamilton, NY. Members, as well as any current, or aspiring guides are invited to attend this valuable meeting of the New York guiding community, held at this convenient central location.

Themed "The Legend," the Rendezvous agenda will include the Association's annual business meeting, election of officers, opportunities to obtain required training, as well as the administration of the Guide's

Exam by NYSDEC. There will be plenty of time for networking and socializing, including storytelling, games, music, and the "Hiker Kanooski" quiz. The NYSOGA store will be open so you can outfit yourself with all sorts of Association gear. Our annual Banquet on Saturday is not to be missed! Don't forget to buy your raffle quilt raffle tickets early and often to support NYSOGA's Kids to Camp program.

Information about the agenda, conference registration, food and lodging at White Eagle will be available on the NYSOGA website, [www.NYSOGA.org](http://www.NYSOGA.org), in January.



White Eagle's namesake on the mantel once was part of a White Eagle gas pump in the 1930s.

# GUIDELINES

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Guidelines encourages companies and organizations with products or services of interest to outdoor guides to advertise in this newspaper.

Guidelines is forwarded to our membership electronically; printed copies are sent to those

requesting them. Your message will reach guides throughout the Empire State and beyond - as well as a number of selected outdoor writers and governmental officials.

## ADVERTISING RATES:

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# Membership Report

By Capt. Lee Godin

Hello Fellow Outdoors Persons:

The following are our member numbers as of 12/12/2018

1 Pending  
15 Life  
143 Active  
14 Associate  
10 Honorary  
183 Total Members

Please welcome the following new members:

Rudolph Staab is a new member from Delaware County. He can be reached at 607-326-7865- or via email rjstaab@icloud.com

Rusty Spinner Outfitters is run by Patrick O'Hara from Stamford CT. His website is rustyspinneroutfitters.com Patrick can be reached at 917-359-9236 or via email patrickohara@rustyspinneroutfitters.com.

Corbritts gun dog training guide service is run by Daniel Cordero from Marlboro NY.

He can be reached at (845) 542-0044 or via email Corbritts@hvc.rr.com

Terry Day from Constantia NY is a new NYSOGA member. He can be reached at 315-720-7940 or via email nysyankee@aol.com.

Timothy Emmerick is a new Region 2 member. He can be reached at 716-390-2541 or email: tim.emmerick@gmail.com.

Wendy Sanders from Oneida County runs Wilderness Mama Trip Planning and Guide Service. Her phone is 315-292-3632 and her email is wintermama@hotmail.com

Please take advantage of your online renewal/payment system to submit your dues payment and any web changes you may have. The online renewal form can be found at <http://nysoga.org/membershiprenewal.html>.

As always please contact me if you need anything (518) 542-2709 or go\_lee3@yahoo.com. Everyone have a safe and successful season.

Happy Holidays,

Lee

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# Nominations Needed for NYSOGA Awards

A highlight of our annual Rendezvous Guides' banquet is the announcing and presenting of awards to members who have served us well. If you know of someone you think is worthy of one of them, you are encouraged to turn in a recommendation to Awards Chair Mary Hall. (See contact information on P. 2)

Include the person's name, what award you think he/she should receive and a sentence or two explaining your reasoning.

A list of the awards and precipients follows: (\* means deceased)

**Camp Spoon** - "The worker bees." This was inspired by the NYSOGA president's gavel, carved by members at an early encampment, and given to a member who has worked diligently to further NYSOGA's goals. Past recipients include \*Walt Bonome, Chuck Branigan, \*Mike diPalma, Roy Earley, Stan Grose, Mary Hall, \*Tim Hallock, \*Don Hawkins, Doris

Herwig, Michael Kilcher, Scott Locorini, \*Lynn Malerba, Brian McDonnell, Rick Mundy, Bill Naple, Mike Olivette, Chris Palumbo, Jerry Roberts, Sandra Rose, Delbert Ryan, Sonny Somelofski, Soter, Barbara Stone, Craig Tryon, Joe Vivenzio, Anne Twilley, John Wainwright, Alan Woodruff, Sheila Young and Sonny Young.

**Pack Basket** - "Those who carry the load." A step beyond the Camp Spoon, this is given to Someone who has consistently gone above and beyond in service to NYSOGA and guiding.

It has been presented to Herb Broome, Roy Earley, Bruce Fuller, Stan Grose, Mary Hall, Michael Kilcher, Bill Leslie, \*Lynn Malerba, Mike Olivette, Paul Orzolek, Paul Repak, Sonny Somelofski, Barbara Stone, Craig Tryon, Jeff Whittemore, Alan Woodruff, Sheila Young and Sonny Young.

**Camp Lantern** - "It is better to light a candle than curse the darkness." To a

member who, through words, deeds or actions, best exemplifies the true spirit of professional guiding and service to others. Recipients include Bob Bearor, Wayne Failing, \*Paul Hogancamp, Bill Leege, \*Lynn Malerba, Ed Murphy, Paul Orzolek, John Palmer, Hank Rope, \*Jack Smith, Craig Tryon, Jeff Whittemore, Don Williams, Alan Woodruff and Sheila Young.

**First aid/Emergency Service** - This recognizes a member who has used his/her first aid or water safety training to save a life.

**Honorary Membership** - This honor is given to a person who, through words, deeds or actions, has aided the environment, conservation or outdoor guiding in New York State. The recipient does not have to be a present or former

*See NOMINATIONS on page 5*

## Kids to Camp and 2019 Quilt

*By Craig Tryon,  
NYSOGA Kids to Camp Chair*

The Kids to Camp Program is funded mostly by the Annual Kids to Camp Quilt. Preparations are well under way for the 2019 Quilt. Please make plans to participate when information is sent out to you.

Ed. Note: The quilt is handmade by Mrs. Craig Tryon

Our Kids to Camp Program is an opportunity for NYSOGA to sponsor two camperships yearly for youth 12 to 17 years old to one of the NYSDEC Environmental Education Summer Camps. Our campers have an opportunity to participate in a variety of environmental programs and outdoor activities. Camp begins on Sunday with registration, orientation, and an evening campfire. Programs are planned throughout the week to educate campers in many aspects of environmental education. The week concludes

with the Friday afternoon Closing Ceremony and camper pickup.

As a NYSOGA guide, I look to you to sponsor from your area potential campers for our Kids to Camp Program. Information on this effort as well as NYSDEC Camp information and forms are located on our [www.NYSOGA.org](http://www.NYSOGA.org) website at the bottom of the home page. Get your potential camper familiar with the camp program and work with him or her to complete and submit the NYSOGA Kids to Camp application, as noted in the information.

To insure campers get the dates and camp of their choice, it is imperative for a camper to register on the first day DEC begins taking registrations. For the 2019 program, that time is January 23, 2019 at 10 am. The NYSOGA Kids to Camp Committee needs you to see that completed camper applications are received no later than January 11, 2019.

This date gives the committee time to process applications, make our camper selections and get registration paperwork to our campers, allowing them to register on the 23rd.

Your sponsorship application must be submitted

by US mail or via email and received no later than January 11, 2019 to be considered.

Contact me with any questions via email or phone. [315-427-8984] Application submission via email—[adkwldexp@yahoo.com](mailto:adkwldexp@yahoo.com) or via US Mail to Craig Tryon, 14741 209th Avenue, SE, Renton, WA 98059.



*The 2015 quilt*



# AROUND THE REGIONS



Bruce Fuller

## REGION 4

By Bruce Fuller

The heavy rains that hindered outdoor enjoyment in the Region all summer apparently intends to continue as snow. Although some outdoor activities are negatively impacted by the white stuff, it

is a requirement of several others and, as long as it doesn't get too deep, it sure has a positive side for big game hunting. It definitely makes it easier to spot game and certainly improves recovery statistics.

We have had snow on the ground since well before opening day and it appears it will be with us right through the end of the late muzzleloader season.

From everything I am hearing, the deer season harvest should come in well ahead

of predictions and a number of exceptional bucks have already been taken. Although we are expecting a small window of warmer weather, our forecast calls for the return of cold and snow. As soon as the deer season ends, it may even turn out to be a decent snowmobile, X country ski, and snowshoe season for the area.

Not much else to report so would like to close by WISHING EVERYONE A GREAT HOLIDAY SEASON.



Sheila Young

## REGION 5

By Sheila Young

Hi and Happy Holidays to my fellow Region 5 guides.

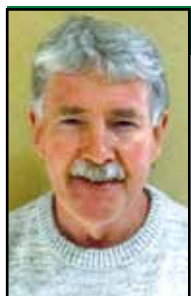
I sent a lengthy email newsletter to our members on December 2. Highlights included reports on junior hunting license

numbers; turkey populations; Route 73 roadside parking; a new Sacandaga River West Branch access; an outdoor-user demographic; recognition and care during severe bleeding emergencies; the continuing Shingle Shanty Brook dispute; road salt contamination of wells; seasonal lake turn-over in Lake Placid; cat-hole recommendations; the Tupper Lake Triad; the Whiteface Mountain 4x4 Expedition; Lake Champlain cormorants; stream bed restoration under road crossings; the

North Creek to Tahawas railroad; and PFD regulations.

That's all from this neck of the woods. Please send information about your Region 5 area that would be of interest our wide-spread and diverse members. If you are outside Region 5 and would like to receive our newsletter, drop me a line at [adkfoothillsgs@gmail.com](mailto:adkfoothillsgs@gmail.com).

AND - don't forget to mark your calendar for Winter Rendezvous from March 14 - 17, 2019.



John Wainwright

## REGION 6

By John Wainwright

Interesting fall. First nothing but rain in October, then pretty hefty snow in November. Best tracking snow I've had in 15 years.

Fishing has been

tough due to high waters but have heard good results from tribs to Lake Ontario for steelhead.

Fairly good results from those hunting north but have to face the fact that not many hunters seem to be willing to hunt the North Woods like the old days. Now that I'm 70 and officially old, I get rather down about younger folks wanting to play with their iPads rather than getting outdoors enjoying the great opportunities

that lay beyond their front doors.

Anyway, I think that guiding still brings out those 30-plus folks that still have the interest in getting out and enjoying what we do. You, as guides, have a unique opportunity to enlighten and encourage the younger generations to enjoy what we do and to enjoy and protect our natural resources.

I hope all of you have a wonderful holiday season and a prosperous 2019.



Jim Morgan

## REGION 8

By Capt. Jim Morgan

At the last board meeting in Oct. I told some of you I was being treated for pneumonia. Well, I never got better and by Nov. 14th, I went to ER with terrible pain in right lung. A CT scan showed a blood

clot in my lung. After 4 days in hospital and blood thinners, I'm back to normal. After missing first week of deer season, I was able to get back into the woods. One thing I learned was "getting old is not for sissies." God spared me and I am grateful.

A lot of nice bucks were taken with archery and gun this year - I wasn't one of them - not yet anyway. With all the rain and snow melting off, a nice run of Atlantic Salmon and browns

came up local streams.

One more thing, as law abiding patriots in this democratic state, you better start stocking up on ammo and buying that gun you've always wanted. The State Assembly and now the Senate is controlled by democrats and they are setting their sights on more gun control. With "Andy's" blessings! He has already said "Thoughts and prayers will not prevent another shooting but action can!! TAKE HEED!!



# Bleeding Always Stops ...



By NYSOGA member  
Tom Welch, M.D.

This article appeared as  
"Adirondoc" in the current

issue of Adirondac, the magazine of the Adirondack Mountain Club. Dr. Welch is a certifying instructor for the Wilderness Education Association and has guided groups in the Adirondacks, Montana and Alaska. Triathlete and gastroenterologist Marcus Rivera, M.D. reviewed this column and provided helpful advice. Guidelines appreciates receiving permission from ADK and Dr. Welch to reprint it here.

THIS COLUMN'S TITLE is one of the pithy aphorisms I learned from my medical school surgery professor, the acclaimed trauma surgeon Rea Brown. The point, of course, is simply that if one is unable to stem bleeding, the heart eventually has no more blood to pump and life ends. Uncontrolled bleeding is the number one cause of death in trauma, and frequently occurs before the victim reaches definitive care. Thus, bystander response may be

the only hope for some trauma victims.

Because of this, there has been a movement by the trauma surgery community to teach first aid for severe bleeding ("hemorrhage") in the same way that CPR has become embedded in the community. This has culminated in a program, "Stop the Bleed," which aims to provide laypersons with the requisite skills to provide emergency control of hemorrhage.

The mechanisms of injury that produce severe bleeding today are most often penetration by projectiles (such as bullets) or severe impacts from events such as motor vehicle collisions. Fortunately, such events are quite rare in the backcountry, hunting accidents being a notable exception. Although control of hemorrhage should certainly be in the wilderness first aider's toolkit, just like CPR it is much more likely that the skill will be called upon on the highway than the trail.

As with any first aid scenario, the first step in hemorrhage control is to ensure your own safety. You won't be able to help anyone if you become injured yourself. If protective gloves are available, use

See BLEEDING on page 8

## NYSOGA Booth to be Taken to Two 2019 Sports Shows

NYSOGA's booth, featuring pictures of early 19th century guides as well as some of our present members, will be taken to sports shows at Springfield, MA and the Suffern World Fishing & Outdoor Exposition during the winter. Members will staff the booth, hand out our rack cards and instruct booth visitors on finding our guides at our [www.nysoga.org](http://www.nysoga.org) website.

The booth will be set up at the March



Rendezvous and is sometimes taken elsewhere during the year.

## Nominations

*Continued from page 3*

licensed guide. Recipients include David Ames, Hilary Appel, Bob Brown, Mark Brown, \*Tony Deepe, Peter Fish, \*Bill Frayne, \*Dan Frayne, \*James Goodwin, \*Ed Jacoby, Andrew Jacob, Colleen Kayser, Michael Kilcher, \*Walt McConnell, \*Edith Tuttle Morrissey, William Moxon, Rich Nadeau, \*Red Perkins, \*John Plumley, Thomas Rinaldi, Patricia Rudge, \*Harry Schrader, \*Frank Sousa and Mary Tryon.

Life Membership – "The Few." NYSOGA's highest honor is given in recognition of a member's long and devoted service to NYSOGA and the guiding

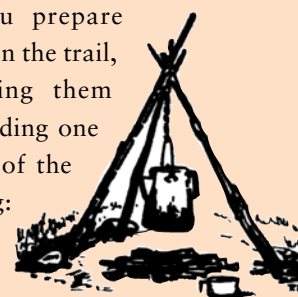
profession. (In addition to a nomination, this award must be ratified by the NYSOGA board.) Life members include Herb Broome, Wayne Failing, Bruce Fuller, Joe Hackett, Doris Herwig, \*Paul Hogancamp, \*Jim Kenealy, Bill Leege, \*Lynn Malerba, Rick Mundy, \*Marty Rosenkranz, \*Mark Shoemaker, Craig Tryon, Bill Wharton, Jeff Whittemore, Don Williams, Alan Woodruff, Sheila Young and Sonny Young.

Unsung Heroes – Started in 2017, this recognizes NYSOGA spouses or other nonmembers who have contributed greatly to our success. Initial recipients were Ellen Broome, Beverly Leege, Michelle Lombardi, Katherine Somelofski, Phyllis Spinner, Mary Tryuon, Allison Turner and Gail Wharton.

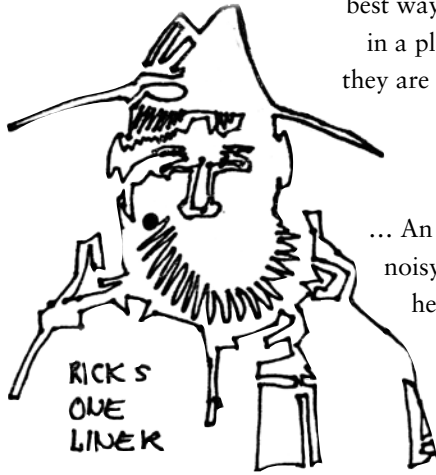
### Try This Recipe...

### Unique Biscuits

If you prepare biscuits on the trail, try jazzing them up by adding one or more of the following:



- Crumbled bacon
- Caraway seed
- Dried orange peel flakes
- Powdered sage
- Shredded sharp Cheddar cheese
- Chopped nuts
- Finely chopped dried fruits
- Dry mustard (use sparingly)
- Toasted sunflower seeds

**“Guidie Says ...”**

... Repainting fishing rods and plugs and getting a really smooth dust-free finish on them is difficult to do. The best way is to hang the rod sections or plugs in a plastic zipper-closing bag as soon as they are painted. This keeps all dust off them until they are completely dry ...

\* \* \* \* \*

... An injured hiker in need can signal with a noisy whistle (Howling wind permitting), a headlight or a signaling mirror to attract other parties. Having the equipment to do this could mean the difference between disaster and safety ...

... Snowshoes and bindings sometimes need repair in the field. Consider carrying a simple repair kit, especially if on an extended trek. It should include a pocket knife, split copper rivets, a length of nylon/neoprene cord and a small coil of #28 copper wire to repair a split wooden frame. Even a frame piece that is completely broken can be made usable by adding a splint. A piece of leather or neoprene strap and a few rivets will repair a binding ...

\* \* \* \* \*

... Stream crossings: Rocks will be icy in and along streams. Wear crampons and use hiking poles when traversing ice covered rocks ...

**2018 Trip Planning Request**

*Compiled by Roy Earley*

**September • October • November**

DATE	ORIGIN	GROUP SIZE	REGION	CATEGORY
09-12-18	New Jersey	1-2	8	Hunting
09-12-18	Mass	1-2	5	Fishing
09-12-18	Penna	1-2	6-8	Fishing
09-12-18	New York	1-2	4	Hunting
09-15-18	New York	1-2	?	Multiple
09-24-18	Conn	1-2	3-4	Hunting
09-24-18	New York	1-2	5-6	Hunting
09-26-18	New York	3-5	3-4	Fishing
09-26-18	New York	1-2	3	Tour NYC
09-30-18	New York	?	5-7	Hunting
10-02-18	New York	1-2	3	Fishing
10-03-18	New York	1-2	1-3	Hunting
10-12-18	New York	?	3-4	Hunting
10-14-18	New York	11+	1-7	Multiple
10-17-18	Calif	1-2	4-6	Fishing
10-29-18	New York	1-2	5	Hunting
11-15-18	New York	?	5	Hunting
11-22-18	New York	1-2	3	Hunting
11-22-18	New York	1-2	5-6	Hunting
11-22-18	New Jersey	3-5	?	Fishing
11-26-18	New Jersey	1-2	?	Multiple
11-28-18	New York	3-5	4-6	Hunting

B/P — Back Packing  
B/G — Big Game  
C/H — Camp, Hike  
C/K — Canoe, Kayak

C/B — Charter Boats  
D/B — Drift Boats  
F/F — Fly Fishing  
I/F — Ice Fishing

L/R — Lakes & Rivers  
N/T — Nature Trips  
O/E — Outdoor Education  
S/G — Small Game

S/P — Streams & Ponds  
W/F — Water Fowl  
W/T — Wild Turkey  
Y/G — Youth Groups



## The NYSOGA STORE



To check merchandise availability and make payment by Pay Pal –

Phone 518-359-8194

To mail payment by check (payable to NYSOGA)

Sheila Young, 214 Old Wawbeek Road, Tupper Lake, NY 12986

Questions? [adkfoothillsgs@gmail.com](mailto:adkfoothillsgs@gmail.com)

\* indicates item is for sale only to NYSOGA member licensed guides

# indicates limited edition items



\* Waxed cotton caps  
Dark brown or Green/Beige  
Adjustable band



\* Cotton twill cap, beige  
Adjustable band



#\* Collector's item! Logo patch, w/  
white border 3"  
\* Standard logo patch w/red border 3"



Collector's items! 1 pin or sets of 10, 11,  
or 22 pins 1993, 1995-2015 or Life



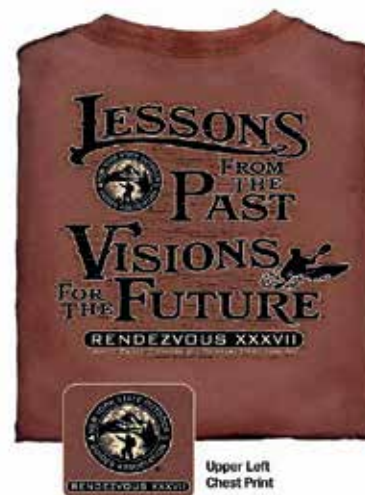
# Collector's item! Limited Edition pewter pin,  
created for NYSOGA by Sid Bell, Tully NY



\* Interior window adhesive decal,  
transparent 3" x 7"  
Not suited for tinted glass windows



\* NYSOGA Master Guide  
fabric rocker patch  
(Must be a verified MG)



2018 Hamilton White Eagle Rendezvous tee. Performance fabric.  
Darker chestnut brown than the image shows.  
M-L-XL-XXL-XXXL available.  
Many other tees from past Rendezvous are still available.



## Bleeding

*Continued from page 5*

them, although this would rarely be the case in urgent situations.

After calling or sending for help, the next step is to recognize life-threatening bleeding. The “Stop the Bleed” protocols define this as bleeding that is spurting, does not stop on its own, pools on the ground, soaks through clothing, is associated with partial or complete loss of a limb, or occurs in a patient who seems confused or disoriented, indicating the potential onset of shock.

Once the source of bleeding is identified, the next step is direct pressure with any available clean cloth. Don’t worry about “sterility;” hemorrhage is much more of an immediate threat than infection. If the wound is large and gaping, the cloth should be stuffed into it. Pressure should be maintained with both hands until a medical provider arrives – just

as CPR is continued until a higher level of care is available.

“Bleeding first aid kits,” if available, contain a special type of gauze (“hemostatic”) which should be used for compression. These first aid kits also contain tourniquets. Readers who took first courses decades ago probably recall tourniquets being mentioned as a last resort, and associated with all sorts of caveats. This teaching has been abandoned today; the risks from tourniquets are far less than those from uncontrolled hemorrhage. If a tourniquet is available and you are trained to use it, it should be applied immediately to any limb with life-threatening bleeding.

The “Stop the Bleed” is now the definitive resource for information on this topic. Some first aid courses have not yet caught up with its recommendations. Like CPR, I believe that learning this skill is an essential requirement of citizenship, not just a wilderness first aid tool.



*NYSOGA treasurer, past president and life member Jeff Whittemore lit our official lantern to start last year's Rendezvous.*



NEW YORK STATE OUTDOOR GUIDES ASSOCIATION

# GUIDELINES

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*Conservation is a cause that has no end.  
There is no point at which we can say "All work is finished."  
– Rachel Carson*