



# GUIDELINES



## President's Message

By Scott Locorini

Happy summer to all! After a pretty fickle spring season, summer is upon us and it's time to get out and do what we do! Despite the poor spring, fishing has been phenomenal with some of the best hatches I've seen in many years. I hope you had the opportunity to get out.

Our recent BOD meeting at White Otter in Woodgate, New York was very productive with many topics being covered. You'll see most of it covered in this issue of Guidelines so I won't cover it here. But, one thing I do want to touch on is the recent restructuring of committees. I would



President Scott and Daughter Mia

like to apologize for the confusion at Rendezvous and for any misunderstandings that may have come out of this.

Our committees have been restructured with an eye towards future endeavors. Some were combined and a couple of the inactive ones were deleted altogether. There haven't been any big changes and if you visit our committees page on the website (<http://www.nysoga.org/committee.pdf>), you'll see that.

You may notice a couple of new committees that you want to take part in. One is the Mentoring Committee and the other is the Members Only page on our website.

The mentoring committee is being

developed to help new members and or BOD members to have a group of people or a specific contact person to help them learn about the processes of NYSOGA. The Members Only Page committee is dedicated to making that page on our website more beneficial for our members. If you have input for these committees or any others, feel free to drop me a note.

Of particular interest at this time is our upcoming Summer Rendezvous being held at The Great Lot Sportsmens Club in West Leyden, NY. Look for more information on that in this issue of Guidelines.

I wish you all the best for this summer and hope that you have all the clients you can handle.

*Yours in Service,*

**Scott**

## Revised NYSOGA Rack Card On the Way for Members' Use



By Craig Tryon

The NYSOGA Board of Directors has given the go ahead to print another edition of our popular Rack Card. Our card is dual purpose.. a handout at sport-shows / events NYSOGA attends and provided to members for their use in their home areas to promote NYSOGA and their guide businesses.

The new edition will have updated pictures, a Quick Code, Facebook, and Instagram symbol to take users directly to our website, and a more catchy front to be noticed on the brochure rack by those looking to hire a guide. The lower back of the card remains open for members to put their guide business contact information.

Once received from the

printer, cards will be distributed to NYSOGA Regional Directors.

Contact your representative to get a supply for your use.

## NYSOGA Summer Rendezvous 2016!

By Sandra Rose

July 15, 16, 17

Great Lot Sportsmens Club  
4277 Osecola Rd. West Leyden, NY 13489

**WWW.THEGREATLOT.COM**

- \* Board Meeting – Friday, July 15 10:00 A.M.\*
- \* Pot Luck Dinner – Saturday, July 16 6:00 P.M.\*
- \* Corn Hole Toss \* Casting Contest \* Scavenger Hunt \*

*Continued on page 8*

## Kids to Camp 2016

By Craig Tryon, Chair  
Sponsorship & Charity Committee

For 2016, NYSOGA is sending two campers to the NYSDEC Environmental Education Summer camp program. Our two campers, Alexis Vollmer and Samantha Germano, will be attending Pack Forest and Camp Colby respectfully. NYSOGA recently contacted both campers and they are very excited and

looking forward to attending their week at camp.

Please remember that camper nominations for 2017 can come to me as committee chair at any time. Information about the DEC Camps can be found on the first page of our website and the Kids to Camp program specifics can be found in the Members Only section of our website under Policies and By-Laws - Kids to Camp.

# GUIDELINES

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Letters to Guidelines must be signed, Guidelines reserves the right to edit or reject any advertisement, letter or news copy.

Guidelines encourages companies and organizations with products or services of interest to outdoor guides to advertise in this newspaper.

Guidelines is forwarded to our membership elec-

tronically; printed copies are sent to those requesting them. and your message will reach guides throughout the Empire State and beyond - as well as a number of selected outdoor writers and governmental officials.

## ADVERTISING RATES:

	Horizontal	Vertical	Member	Non-Member
Full Page	10"	15 1/2"	\$100	\$150
Half Page	10"	7 1/2"	\$50	\$75
Quarter Page	5"	7 1/2"	\$30	\$45
Eighth Page	5"	4"	\$15	\$20
Business Card	3 1/2"	2"	\$10	\$15

Classified: Buy, Sell or Trade. 25¢/word, minimum of \$5.00. Advertising rates are for camera ready copy, except for classifieds. All advertising is prepaid. Make check payable to NYSOGA.

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Alan Woodruff	Michael Newell
Craig Tryon	Sonny Young
Harry Spetla	Sheila Young
Roy Earley	Sonny Somelofski
Jeff Whittemore	*Capt. Tim Hallock

\*Deceased

## Membership Report

By Lee Godin

Hello Fellow Outdoors Persons:  
The following is our member numbers as of 6/6/2016:

5 Pending, 17 Life, 123 Active, 16 Associate and 11 Honorary

Please welcome the following new members:

Anthony Fess from Macedon NY runs Frontier Wildlife. His website is [frontierwildlifemanagement.com](http://frontierwildlifemanagement.com) Anthony can be reached @ 585-766-8063 or via email [alanfess@aol.com](mailto:alanfess@aol.com)

Gray Fox Guiding Company is run by Michael Pilea from Brooklyn NY. He offers day hikes, overnight and weekend backpacking trips. His website is [grayfoxguiding.com](http://grayfoxguiding.com) Michael can be reached @ 516-659-2638 or via email [info@grayfoxguiding.com](mailto:info@grayfoxguiding.com)

Jim Lane runs Settlers Ridge Guide Service and offer Region 7 turkey hunts He can be reached at (607) 201-2515 or

Continued on page 3

## NYSOGA Secretary's Report

By Mary Hall

The Board of Directors had their annual May meeting on May 26, 2016 at White Otter Fish and Game Club in Woodgate, NY with a quorum of 15/20 members present. The meeting was called to order at 10:18am and adjourned at 4:07pm with a 45 minute lunch break included. The following is a list of actions taken at that meeting.

1. motion to accept the secretary's report from the March meeting

2. motion to accept the treasure's report from March-May26

3. welcome in absentia to Alex Marra new Region 3 director

4. motion to spend up to \$600.00 to cover the cost of new training materials for instructors of our First Aid and Cpr classes.

5. motion to change the cost of affiliate sponsorship for members (active and life) to be reduced to \$25.00 in addition to regular membership dues.

6. motion to clarify wording of policy

Continued on page 3

# Winter Rendezvous, Annual Meeting for 2017 To Be Held in the Catskill Mountains

By Will Soter, 2017 Rendezvous Chair

The 2017 Winter Rendezvous will bring us back to the Catskill region. As Rendezvous Chair I look forward to sharing this special place with all of you. The Frost Valley YMCA is a beautiful campus nestled in a picturesque valley flanked by Slide Mountain, the highest in the Catskills, and the head waters of the Beaverkill & Willememoc. These legendary waters are known as the birthplace of American fly fishing.

Julius Forstmann – founder of the Forstmann Woolen Company – broke ground on what would become known as the Forstmann Castle in 1916. For forty years, this majestic property on 2,200 acres of the Catskills would serve as the summer home for the Forstmann family.

On Christmas Eve, 1956, Mr. Forstmann and YMCA executives agreed on terms that would allow the YMCA to purchase the property and make it the new home of Camp Wawayanda, which would

eventually become the Frost Valley YMCA. The purchase included the main house – 40 rooms, 7 fireplaces, and 6 baths – all fully furnished – as well as a dairy farm with a dozen buildings, and 22 Holsteins, 14 heifers, and a bull.

Over half a century has passed since that fateful Christmas Eve and the Forstmann Castle, now more prominently referred to simply as “The Castle,” stands firmly as an anchor tethering the past and future generations together.

## *“Bag Ladies” Member Benefit Project Needs Help*

By Mary Hall

NYSOGA members are reminded that one of the benefits of your membership is the ability to have your personal business advertising handed out at the Sports Shows we participate in. To take advantage of this benefit you must send your advertising materials (rack cards, business cards, one page fliers) to Mary Hall, show bags committee chair. The deadline for

this year will be October 1, 2016. Materials should be mailed to Mary Hall 90 Country Club Road Tupper Lake, NY 12986 to arrive no later than the deadline. Any materials received after the deadline will not be eligible for inclusion in this year's show bags.

Mary and her committee will be stuffing 500 bags, so be sure to include up to 500 pieces of each of the advertising ma-

terials you choose to have included.

Materials will be accepted anytime now through October 1st so why not take advantage of this benefit and send materials today while you are thinking about it and have materials available to send? It's to your benefit but this benefit can only help you if you do your part. Looking forward to another great show season! Hope you are all being kept busy.

## Membership Report

*Continued from page 2*

jimlauriellane@gmail.com.  
 Jim's Website: [www.SettlersRidgeGuideService.com](http://www.SettlersRidgeGuideService.com)

Martin Thompson from Paradox NY runs Randomscoot. He can be reached @ 518-585-7219 or [randomscoot@gmail.com](mailto:randomscoot@gmail.com).

Forest Field Stream Habitat Restoration is run by Rich Redman from Region 5. He can be reached at 518-546-3378 or [rangeric@nycap.rr.com](mailto:rangeric@nycap.rr.com).

Elhorry Baptiste from Nassau County runs Edelweiss Escapade USA. His phone is 631-813-3238 and his email is [edelweiss.escapade.usa@gmail.com](mailto:edelweiss.escapade.usa@gmail.com).

Stephanie Gaudons, outdoor guide and photographer, offers year-round guided hikes throughout upstate NY. Her phone is (518) 332-4624, E-mail: [info@greatrangeframes.com](mailto:info@greatrangeframes.com) and Website: [greatrangeframes.com](http://greatrangeframes.com)

Seabirds is run by Andrea Vaillancourt-Alder from Derby NY. Her phone is 716-392-2708 and email is [seabird.ava@gmail.com](mailto:seabird.ava@gmail.com). Andrea's website is [seabirds.co](http://seabirds.co)

Edward Moran runs Eastern Outdoor Experiences. He is from Smithtown, NY and can be contacted at 631-724-4540 or [info@easternoutdoorexperiences.com](mailto:info@easternoutdoorexperiences.com) Edward's website is [www.easternoutdoorexperiences.com](http://www.easternoutdoorexperiences.com),

Justin D. Lyle is from Waverly Twp, PA

and offers guided fly fishing on the Delaware. He can be contacted at 570-299-1446 or [jlylegm@gmail.com](mailto:jlylegm@gmail.com).

Wild Things Environmental Education is run by Beth Biewell from Queensbury NY. Her phone is 518-796-9578 and email is [bbidwellus@outlook.com](mailto:bbidwellus@outlook.com). Beth's website is [www.wildthingsenvironmentaleducation.com](http://www.wildthingsenvironmentaleducation.com).

Please take advantage of your online renewal/payment system to submit your dues payment and any web changes you may have. The online renewal form can be found at <http://nysoga.org/membershiprenewal.html>

As always please contact me if you need anything 518-542-2709 or [go\\_lee3@yahoo.com](mailto:go_lee3@yahoo.com) Everyone have a safe and successful Spring season.

## NYSOGA Secretary's Report

*Continued from page 2*

#5 to say that non-member sponsor affiliates may not hold office or vote.

7. motion to allocate funds to cover the cost of reprinting 10,000 rack cards.

8. Craig reviewed the report done by the finance committee after reviewing the books for 2015. All was found to be in order.

9. Sandra Rose reviewed plans for the summer rendezvous to be held July 15-17, 2016 at Great Lot Sportsman Club in West Leyden, NY

10. Will Soter reviewed plans for winter rendezvous 2017 at Frost Valley YMCA to be held March 23-26, 2017.

11. Bruce Fuller announced the dates for the 2017 sports shows. They will be the Suffern

Show March 2-15, 2017, the Saratoga Sports and Fitness Show March 18-19, 2017 and the Springfield Show February 24-26, 2017.

There were reports from the various committees as well about ongoing work being done. Four of the 9 regional directors were present and gave reports for their regions. There was no communication from the remaining 5 directors. The next meeting of the Board will be Friday, July 15, 2016 during Summer Rendezvous.





## REGION 3

By Alex Marra

Hello fellow guides and outdoor enthusiasts alike! I want to formally introduce myself, my name is Alex Marra. Like most of you I



Alex Marra

have a deep passion for anything outdoors. I have successfully climbed all of the Catskill peaks in both the winter and summer. Also, many other high peaks across the Northeast. Additionally I am the CEO of a weather forecasting company that covers 10 counties of SENY, and the Co-founder of Upstate Adventure Guides, an adventure company based in the Catskills.

As all of you know, it has been a wild year weatherwise. We saw record warmth and broke records for lowest snowfall as well. This led to what could be described as an endless autumn. Non-winter hikers and campers alike continued through a good part of the winter.

Thanks to the historically low snowfall across the region, we also saw very dry spring conditions. These led to a large forest fire across Sam's Point Preserve in the Shawangunk Ridge. Drought conditions continue to build across our region and others across the state. Below normal rainfall this spring has only worsened the situation.

I have heard that the turkey season was a bit challenging while the trout season was off to a good start. Low water levels in the drainages of the Catskills may hinder fishing and boating in some areas. Caution will need to be exercised with open fires at camp sites across our region.

Enough about me and our wonderful region; I am interested to hear from all of you, and anxious for some feedback and observations about your businesses. I look forward to hearing your suggestions for anything we can do to continue to build on as an organization.

## REGION 4

By Bruce Fuller

Not sure if it was the lack of winter weather over much of our state or the crazy spring weather patterns but some major variations in outdoor activities were the rule rather than the exceptions during this year's spring outings. Some of the finest fly fishing in recent memory was noted by many of the skilled and seasoned anglers with high hopes and expectations of it continuing through the season. This has certainly been a high point of



Bruce Fuller

the year for those involved. Trout fishing on the local reservoirs has also been good and this was a rare year in which ice was gone before the season opened.

On the other hand, the Spring Turkey Season has not showed signs of any improvement over our downward trend in recent years. A lot of extra scouting is required to locate enough birds to hunt and there seems to be fewer and fewer areas with any real concentration of birds. I guess the good old days when it was common to hear several birds gobbling from one location are gone forever. Hope the rains did not add to the problem by increasing the mortality of the young. It also appears that the mating urges of many gobblers were finished long before the season ended.

In my area, black flies had not been much of a problem in recent years, but that has changed dramatically in some sections. Deer ticks were also a major concern. I dug two ticks, including a female deer tick, out of myself during turkey season and I know others who had problems with them. While the black flies may only be a source of discomfort, the tiny deer ticks are the devils associated with Lyme Disease. Go online for information on identification and make sure to take extra precautions during any outdoor activities.

Wishing everyone a great summer. Would sure appreciate hearing comments from some additional Region 4 members that I could include in my reports.

## REGION 5

By Sheila Young

Summer is here! In the Northern Adirondacks, we had spring weather in December and March and now we are in full-blown hot and humid summer at the begin-



Sheila Young

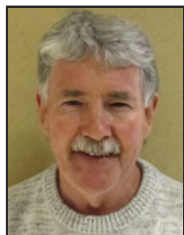
ning of June. Region 5 is a geographically huge area, from the Saint Lawrence to Lake Champlain to the Hudson and Mohawk valleys; from urban areas to wilderness; from farm fields, ponds, lakes and rivers to mountain summits. Our members guide clients in every conceivable outdoor pursuit. It is impossible for one Director to keep informed about such diverse demographics. I am clum-

sily trying to set up a Facebook page for our Region 5 members to share common experiences. As they say – *I will keep you posted.*

## REGION 6

By John Wainwright

Spring seemed to come early and then rather disappear in late April through mid-May. Rather dry conditions have water levels at mid-summer flows and fishing has been hit and miss on area rivers, lakes and streams. Turkey hunting seemed about normal. I floated the Mohawk River yesterday and bass were still in their post spawn shut down but it was a perfect day to be on the river. Hundreds of resident geese and ducks abound on this ancient and historic river.



John Wainwright

Unfortunately, the pair of bald eagles who built their nest on one of its many small islands last year came down along with the giant cottonwood that cradled it some time in early spring. We assume it was in early April since broken eggs shells were evident in what remained of the nest. Hopefully, the adults had time to rebuild and try again. We did see two adults flying in the same area.

Fly fishing on the West and East Canada Creeks and the Black River has been good with nice hatches of Hendrickson mayflies in late April and early May. We're starting to see Light Cahill mayflies as well as several species of caddis, which certainly adds to the enjoyment of catching trout on the surface. However, the West Canada, as far as I'm concerned, seems to be mostly a nymphing stream with my

favorite size 10 bead head prince nymph fooling a good number of holdover browns in the 14 to 18 inch range. I've heard of some good catches of brook trout in smaller Adirondack ponds and walleye on Oneida Lake.

What we could use now is some steady rain to increase flows. Hinckley Reservoir was reported to be 14 feet below normal last week, making it difficult for campowners to put in docks and use water craft. This has been an ongoing problem since the water is a major source of drinking water for the City of Utica and for power generation. Recreational use seems to be the lowest priority, including the fish and aquatic organisms in West Canada Creek.

Well, here's hope of a safe and productive late spring and summer and I hope to see many of you at the summer Rendezvous.

## REGION 7

By Sandra "Squeak" Rose

Hello from Region 7! - We are alive and kicking off the Summer Season here in the heart of beautiful NYS. We met for our 2nd regional meeting of the year on May 21 for dinner and drinks at the lovely and comfortable Tailwater Restaurant in Altmar NY. We had 6 in attendance for which I was very thankful. The current pursuits that we are working on



Sandra "Squeak" Rose

include, planning the Summer Rendezvous format which is coming together nicely for July 15, 16, 17th- (being held at The Great Lot Sportsman's Club West Leyden NY).

Region 7 Awareness and Development aims to recruit new guides to take their exam to become NYS Licensed Guides and recruit existing licensed guides throughout the vast region to become NYSOGA Members. This includes scheduling "Field Trips" to visit those existing NYS licensed guides in order to encourage them as to the strengthening benefits of becoming NYSOGA members.

We are getting ready to begin our campaign for gaining NYSOGA member discounts

at various businesses throughout the region and the construction and installment of the NYSOGA symbol on outdoor signs at the welcoming areas in our most prevalent outdoor sporting communities.

I recently attended the DEC "State of The Lake" and the "Deer Management" programs and am working hard at getting my finger on the pulse of our Great Region 7. It is a treasure of activity for outdoor sports of every kind and I am so proud of our team for its enthusiasm to uncover and develop it to its full unlimited potential. Watch Out for Region 7 announcements in the near future! Sincerely, "Squeak and The Region 7 Posse"

## REGION 8

By Capt. Jim Morgan

Fishing has been awesome on Cayuga Lake this spring. Catching 15-30 trout a trip. Lots of big fish too! The same can not be said for Seneca Lake. I can catch more fish in 5 hrs on Cayuga Lake then



Jim Morgan

5 days on Seneca Lake.

This is the 3rd year of lousy fishing on Seneca. Almost every fish has a lamprey on it or has been scarred by one. Cormorants have exploded on both lakes. I've seen flocks of a hundred or more. Plus, Seneca Lake is 15 times higher than other lakes in salinity (salt) and DEC doesn't know why.

Or why fishing has declined on Seneca Lake. All I know for sure is DEC takes good care of Lake Ontario with its stocking pro-

gram, lamprey control, bait stocking, lake surveys and status of the lake meetings yearly. The Finger Lakes seem to be lost in the budget and their attention.

Have a safe and successful summer.

# The "Dark Side" of Mosquitoes



By NYSOGA member Tom Welch, M.D.

This column appeared as "Adirondoc" in the May-June, 2016 issue of Adirondac, the magazine of the Adirondack Mountain Club. Guidelines appreciates receiving permission from ADK and Dr. Welch to reprint it here.

All who hike or camp in the Adirondacks have a particularly bad mosquito story. Many of us return from a few days in the woods with arms and necks covered with mentos of our visits. We do not, however, view mosquito bites as serious health threats. Should we?

On its surface, the answer would seem to be "yes." Sharing syringes and needles is a very efficient way to spread blood-borne infections. Most mosquitoes are promiscuous, taking blood from several individuals of many species, with no mechanism for sterilizing themselves. So, mosquitoes might be considered very dangerous disease vectors.

There certainly are diseases that depend upon mosquito transmission. In fact, it is fair to say that more humans are killed by mosquitoes than by any other animal. Viruses transmitted by mosquitoes generally are not passed "passively" from bug to person, but must infect the insect before transmission. Thus, transmission is limited to the specific species of mosquito that are susceptible to specific infections. New York has about seventy species of mosquitoes, only a few of which transmit disease.

Mosquito-borne viruses are called "arboviruses," and

there are several that cause infection in New York State. Most result in fairly minor illnesses (fever, rash, headache and "achiness"), although some cause severe infection of the nervous system and death.

Although extremely rare, eastern equine encephalitis (EEE) is the best example of the latter. There have been only a few known cases of EEE in New York State over the past forty-five years, and most have been fatal. West Nile virus infection is more common (hundreds of cases), and although potentially fatal it is much less likely to result in death than EEE.

Two arboviruses have recently begun to cause trouble in the U.S. Dengue Fever had previously been thought to be limited to the tropics. Although cases were increasingly common in Florida and Hawaii, there are now documented cases in New York. Chikungunya, an obscure tropical disease for years, recently made its way into the U.S. via

travelers. It now appears to have been spread within our country. There have been sixty-nine New York cases of this painful (rarely fatal) infection, all in travelers. (Lindsay Lohan is a "celebrity" chikungunya patient.)

Most recently, we have been hearing about a South American arbovirus infection, Zika. Although Zika has received a lot of hype, largely as a possible cause of birth defects, it is generally a mild illness.

None of these diseases has any specific therapy, so prevention of bites is the only real strategy. (I have discussed this subject in earlier columns.)

In the early days of HIV/AIDS epidemic, there was consideration of a role for insect transmission. That notion has been discarded. The reasons are complicated, but boil down to the fact that HIV survives and replicates by infecting specific cells in hosts. Mosquitoes lack these cells.

*Continued on page 8*

2016 Trip Planning Request *Compiled by Roy Earley***April**DATE      ORIGIN

04-04-16 New York  
 04-05-16 New York  
 04-08-16 New York  
 04-10-16 New York  
 04-11-16 New York  
 04-12-16 New York  
 04-12-16 New York  
 04-13-16 New York  
 04-13-16 New York  
 04-14-16 Quebec  
 04-15-16 California  
 04-17-16 New York  
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REGION/CATEGORY

Region 5 Boating, C/K  
 Region 2,3 Camp, Hike, B/P  
 Region 4 Fishing, F/F, D/B  
 Region 3 Fishing, S/P, L/R  
 Region 3,4 Fishing, Camping  
 Region 3 Hunting, S/G  
 Region 3-7 Fishing, D/B, C/B  
 Region 4-9 Hiking, B/P  
 Region 3,4 Hiking  
 Region 5 Fishing, F/F, L/R, S/P  
 Region 5 Hiking  
 Region 5 Nature Trip  
 Region 5 Fishing, D/B, L/R

**May**DATE      ORIGIN

05-02-16 New York  
 05-16-16 Virginia  
 05-06-16 New York  
 05-11-16 New York  
 05-15-16 Conn.  
 05-17-16 New York  
 05-19-16 New York  
 ? ? ? New Jersey  
 05-29-16 New York  
 05-30-16 New York

1, 2 People  
 3-5 People  
 3-5 People  
 3-5 People  
 3-5 People  
 1, 2 People  
 11 People  
 1, 2 People  
 1, 2 People  
 3-5 People

REGION/CATEGORY

Region 5 Canoe, Kayak  
 Region 5,6 Fishing  
 Region 3-5 Boating, C/K  
 Region 5,6 Fishing, L/R, C/B  
 Region 5 Fly Fishing  
 Region 4-9 Fishing, Camping, Etc.  
 Region 4 Hiking  
 Region 5,6 Hunting B/G  
 Region 5 Fishing, S/P, L/R, C/K  
 Region ? ? Camping, B/P, O/Edu

**June**DATE      ORIGIN

06-04-16 New York  
 06-04-16 New York

1, 2 People  
 6+ People

REGION/CATEGORY

Region 1-7 Fly Fishing  
 Region 2,3 Camping, Hiking, Etc

B/P--Back Packing  
 C/B--Charter Boats  
 B/G--Big Game

S/F--Surf Fishing  
 D/B--Drift Boats  
 S/G--Small Game

F/F--Fly Fishing  
 C/K--Canoe, Kayak  
 W/F--Water Fowl

L/R--Lakes & Rivers  
 S/P--Streams & Ponds



**“Guidie Says ...”**

...To make it easier to see and catch the minnows in your bucket, paint the inside white ...

\* \* \* \* \*

... A good ready-made container for grasshoppers and crickets is an empty salt box. Punch holes in box for ventilation and use pullout spout for dropping new ones in ...

\* \* \* \* \*

... Never tie yourself to a rope when crossing a river ...

\* \* \* \* \*

... In an emergency, the parabolic reflector of a flashlight can be used to start a fire. Place tinder through the bulb hole and point reflector toward the sun so the rays will converge in the center. igniting the tinder ...

\* \* \* \* \*

...When carrying an outboard motor in your car's trunk, set it on a half-inflated inner tube. This can help prevent damage on bumpy roads ...

\* \* \* \* \*





*Jeff Whittemore and better half Phyllis took part in the trails work day.*

## ***NYSOGA Does 'Good Turn' For Northville-Placid Hikers***

*By Sonny Young  
Trails Committee Chair*

A small group of 9 NYSOGA volunteers have lugged, hauled and sweated on behalf of wilderness trails for the past 6 years. We are stewards for a 4-mile section of the Northville-Placid trail near Indian Lake. We have worked 10 events totaling 230 labor-hours.

We have trekked 40 miles - 16 of those miles sharing the load of carrying a chainsaw and safety gear. If you would like to join this group of crazy people for the next trail work day (late autumn before hunting season - no chain saw) keep your eyes open for the announcement in NYSOGA News. safety gear. If you would like to join this group of crazy people for the next trail work day (late autumn before hunting season - no chain saw) keep your eyes open for the announcement in NYSOGA News.

## **The NYSOGA Store**

To order NYSOGA merchandise: Specify item(s) type, size, color, etc.

Include check or money order payable to NYSOGA.

Available items can be viewed on the [www.nysoga.org](http://www.nysoga.org) website.

Write to: Herb Broome/NYSOGA • 6051 Veeder Rd. Slingerland, N.Y. 12159

ITEM	DESCRIPTION	PRICE
Logo Patches	embroidered 3" round	\$6.00
Window Decal	interior 3x7"	\$3.00
Window Decal	exterior 5x8" NY outline yellow	\$6.00
Window Sticker	interior 2.5" round	\$2.00
NYSOGA Pin	pewter 1" round	\$6.00
Travel Mug	granite/green w/Logo	\$6.00
Membership Pin Collection	11 pins 1995-2005	\$5.00
Hat green/tan waxed canvas	embroidered guide pin	\$20.00
Hat tan cotton twill	embroidered guide pin	\$20.00
Tee Shirt Rend. 2015	maroon long sleeve M, XL, 3XL	\$18.00
Tee Shirt Rend. 2014 - Lyons Falls	gray M, Lg, XL, 2XL	\$7.00
Tee shirt Rend. 2013 - Malta	black Lg, XL, 2XL	\$7.00
Tee shirt Rend. 2012 - Hamilton	tan long sleeve M, Lg, XL, 2XL	\$10.00
Tee shirt Rend. 2011 - Lake Placid	grey cool dri fabric Lg, XL	\$7.00
Tee shirt Rend. 2010 - Hamilton	black Med, Lg	\$7.00
Tee shirt Rend. 2009 - Margaretville	brown Med.	\$7.00
Tee shirt Rend. 2008 - Boonville	rust Med. only	\$7.00
Tee shirt Rend. 2007 - Saranac	white S, Med, Lg, XL	\$7.00
Tee shirt Rend. 2003 - Johnstown	brown Med, XL	\$7.00
Tee shirt Rend. 2002 - Boonville	ivory XL only	\$7.00
Tee shirt Rend. 2001 - plain black	ivory S, M, Lg, XL, 2 XL	\$7.00
Tee shirt Rend. 1999 - Saratoga	ivory Med, Lg	\$7.00
'16 Rendezvous long sleeve polyester, dark blue with eagle emblem	M, L, XL, 2XL, 3XL	\$20



ADD 8% SALES TAX

## **Try This Recipe...**

### **Hot Sesame-Peanut Sauce**



#### *Ingredients:*

- 1 cup water*
- 1/2 cup crunchy peanut butter*
- 3 tsp. spicy sesame oil or tamari*
- 1 1/2 tsp. onion flakes*
- 1/2 tsp. crushed hot red pepper*
- 2 tbs. vinegar (optional)*

Heat water, remove from burner and add the remaining ingredients, stirring until well-blended.

## ***Promote Your Guiding Business Through NYSOGA'S Facebook Page & Instagram!***

*By Lynn Malerba and Jordan Craig  
Online Presence co-chairs*

Are you on Facebook or Instagram? If so, NYSOGA wants to promote your business! Our Online Presence Committee wants to provide value to your guiding business by promoting you any way we can. We are looking to post stories about NYSOGA member guides, the trips they run and related photos.

But we need you to help us and remember just one thing - When you post about your guided trips to Instagram, tag @newyorkoutdoorguides in the image or caption so we can repost on NYSOGA's feed and boost your visibility.

When you post to Facebook and would like your posts to show up on the NYSOGA Facebook page, add this tag at the end of your Facebook post - @New York State Outdoor Guides Association

Please only tag posts to the NYSOGA pages related to your guide business or events and information that would be of interest to other outdoor enthusiasts. We look forward to seeing what you are all up to!

Still have questions? Contact us at [info@nysoga.org](mailto:info@nysoga.org)

## NYSOGA to Again Sponsor Wilderness First Aid Class

By Sheila Young

NYSOGA Wilderness First Aid: How to respond in remote areas. This one-day course teaches participants how to respond when help is more than an hour away. This certification, a balance of classroom and skills practice, is accepted as a prerequisite to becoming a licensed out-

door guide. It is also recommended for any backcountry leader or traveler. This certification is valid for 3 years. 9-hour certification course - Sunday, September 11, 2016 9:00 a.m. to 6 p.m. To sign up please fill in the Wilderness First Aid on-line registration form on the NYSOGA website page, on the option for

"NYSOGA Programs / Outdoor training", or to print the WFA registration form for mail-in registration and payment. \$110, includes instruction, materials, lunch and 2 breaks.

White Otter Fish and Game Club,  
10914 Woodgate Road, Woodgate NY  
13494.

## Mosquitoes

*Continued from 5*

Any HIV that might get into a mosquito would likely be digested. Similarly, there is no evidence that Hepatitis B or C has been transmitted by this route.

Recent media fixation on these rare and often minor illnesses is a sort of national narcissism. The real infection risk from mosquitoes is malaria, a disease that kills millions, including two children every minute. Since it is not transmitted in the U.S., we rarely give it a moment's thought. We are blessed to live in an area where the "misery" of mosquito bites is short-lived!

*Tom Welch, MD, is professor and chair of*

*pediatrics at Upstate Medical University in Syracuse an active member of the Wilderness Medical Society. He is a licensed professional guide and certifying instructor for the Wilderness Education Association, and has guided groups in the Adirondacks,*

*Montana and Alaska. More Information is available at his website and blog: [www.adirondoc.com](http://www.adirondoc.com). Infectious disease experts Leonard Weiner, MD, and Jana Shaw, MD, MPH, provided helpful comments and review of this column.*

## Summer Rendezvous

*Continued from front*

\* Trapping Demonstrations  
\* Fly Fishing Demonstrations\*  
\* Naturalist Hike \* \*Music\*  
\* Unlimited Tent Sites  
\* Small Campers Ok W/No Hook Ups\*  
Plenty Of Bed/Bunk Space Available In

The Club House

\*Bring Your Own Bedding/Sleeping Bags\*  
Indoor and Outdoor Grills Available  
Bring Coolers/Drinks/Meats for the Grill/  
Lawn Chairs

\*Squeak is providing Salads\*

Contact Squeak:

315-298-7861

315-877-0110

NorthernRootsGuides@yahoo.com

NEW YORK STATE OUTDOOR GUIDES ASSOCIATION



# GUIDELINES

12320 Rt. 28, P.O. Box 41  
Woodgate, NY 13494

*"The trip leader is a little bit mother, a little more example, a source of knowledge and the great anticipator."*