

### New York State Outdoor Guides Association

Vol. 35, No. 1 -

Serving New York's Outdoor Public for 124 Years

Fall 2016

President Scott and Daughter Mia

### President's Message

By Scott Locorini

After the busiest August I have ever had, running back to back multi-day trips all month, the promise of fall is welcome. Soon the leaves will be changing, frost will come and then, hopefully, winter will arrive (unlike last year).

I hope that all of you have been experiencing some growth this summer as well. Industry-wide, with the exception of whitewater trips in the east, there has been an increase. The most growth has been experienced

in multi-day custom outdoor trips in niche markets, like food and women's trips. However, day trips for fishing and stand up paddle boarding are very close in terms of growth. I hope this trend continues.

Many of you may have heard about the Canadian group that dropped 67 hikers off at Adirondack Loj and sent them up Algonquin. Thankfully, it was called in and the "leaders" were ticketed for guiding without a license and other infractions. While this was

an extreme case, unlicensed guiding is a huge disservice to our industry. If you see this happening it is in your best interest to turn them in.

On a brighter note, the trip planning forms from our website seem to have picked up some with an interest in the fall hunting and fishing seasons. If that's your "niche," have a great fall. If not, take some time to relax after a busy summer season and plan for next year.

I hope to see many of you at Winter Rendezvous this March in the Catskills. Until then be safe.

Yours in Service, **Scott** 



# Would You Like NYSOGA To Advertise Your Business With Our Show Bag Project?

NYSOGA is again offering to distribute members' promotional literature through what we affectionately call our "Bag Ladies' Project."

Those wishing to take part need to mail 500 copies of their promotional

leaflet, business card or one page flier to Secretary Mary Hall at 90 Country Club Road, Tupper Lake, NY 12986. These will be placed in bags to be distributed at shows, etc. during the coming months.

### Save The Weekend!!

NYSOGA members are reminded that our annual Rendezvous and annual meeting will be the weekend of March 23-26, 2017 in the Catskills. We hope you will save those dates on your calendar for what is always a fun-filled and educational few days.

## **GUIDELINES**

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Letters to Guidelines must be signed, Guidelines reserves the right to edit or reject any advertisement, letter or news copy.

Guidelines encourages companies and organizations with products ore services of interest to outdoor guides to advertise in this newspaper.

Guidelines is forwarded to our membership electronically; printed copies are sent to those requesting them. and your message will reach guides throughout the Empire State and beyond - as well as a number of selected outdoor writers and governmental officials.

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Horizontal	Vertical	Member	Non- Member
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5"	4"	\$15	\$20
3 1/2 "	2"	\$10	\$15
	10" 5" 5"	10" 15 1/2" 10" 7 1/2" 5" 7 1/2" 5" 4"	10" 15 1/2" \$100 10" 7 1/2" \$50 5" 7 1/2" \$30 5" 4" \$15

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#### NEW YORK STATE OUTDOOR GUIDES ASSOCIATION

1936 Saranac Ave., Suite 2, Box 150 Lake Placid, NY 12496 Phone 1-866-4-NYSOGA (1-866-469-7642) E mail: Info@nysoga.com Website: "http://www.nysoga.org

#### **OFFICERS AND DIRECTORS 2015-2016**

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Second VP - Lynn Malerba 90 Country Club Rd., Tupper Lake, NY 12986 (845) 399-9948, willsoter@upstateadventureguides.com

> Third VP - Will Soter 15 Staples St., Kingston, NY 12401 (845) 399-9948 willsoter@upstateadventureguides.com

Secretary - Mary Hall 90 Country Club Rd., Tupper Lake, NY 12986 (518) 359-7536, maryphall71@gmail.com

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Region 4 Rep. - Bruce Fuller 751 McLaughlin Rd., Sidney Center, NY 13839 (607) 865-7830, <u>hawkmoun-tainguide@hotmail.com</u>

Region 5 Rep. - Sheila Young 214 Old Wawbeek Rd., Tupper Lake, NY 12986 (518) 359-8194, <u>adkfoothill@yahoo.com</u> Region 6 Rep. - John Wainwright 13 Hillside Place, Ilion, NY 13357 (315) 894-5834, <u>jwainwrightf@aol.com</u>

Region 7 Rep. - Sandra "Squeak" Rose 582 Hong Kong Rd., Pulaski, NY 13142 (315) 298-7861 NorthernRootsGuides@yahoo.com

Region 8 Rep. - Capt. Jim Morgan 2250 Skinner Roa, Lodi, NY 14860 (607) 582-6089, info@senecachiefguide.com

Region 9 Rep. - Jim Zak 160 Central Blvd., Cheektowaga, NY 14225 (716) 894-7301, adirondackzak@verizon.net

#### **DIRECTORS AT LARGE**

Herb Broome

6051 Veeder Rd., Slingerlands, NY 12159 (518) 869-0618, gillsandbills@yahoo.com

Jordan Craig 10 Bridget Lane, Raybrook, NY 12977 (518) 314-9046, adirondackphotog@gmail.com

Roy Earley 606 Charles St., Scotia, NY 12302 (518) 372-7485. algonquinguides@yahoo.com

Craig Tryon 2365 Olanco Rd., Marietta, NY 13110 (315) 427-8984, <u>adkwldexp@yahoo.com</u>

Wayne Weber

85 Ft. Leazier Rd., Mexico, NY 13114 (315) 529-3836, Guidewayneo@gmail.com

Alan Woodruff
PO Box 41, Woodgate, NY 13494
(315) 392-4592, warw123@hotmail.com

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\*Deceased

### Membership Report

By Lee Godin

Hello Fellow Outdoors Persons. The following is our member numbers as of 6/6/2016:

3 Pending

16 Life

131 Active

16 Associate

11 Honorary

Please welcome the following new members:

Wayne Hric from Manchester Center, VT runs The Reel Angler. His website is thereelangler.com Wayne can be reached @ 803-362-0883 or via email wayne@ thereelangler.com.

Dirty Bill's Guide Service is run by Michael Deyo from Altmar, NY. He offers driftboat and wading trips on Lake Ontario tributaries. His website is dirtybillsguidesvc.com. Michael can be reached @ 315-529-4084 or via email dirtybillsguideservice@yahoo.com.

John DeSantis runs Big Country Guide Service. He can be reached at (845) 568-7929 or via Email: jld7481@yahoo.com.

Erick Erickson from Jamesville, NY is a new guide from Onondaga County. He can be reached @ 315-492-4888 or via email ericktheread@gmail.com.

Cosmo Genova from Tioga County offers guiding and educational services throughout the Finger Lakes Region of NY. Cosmo's website is avidape.com. His phone is 607-972-7088 and his email is CosmoGenova@gmail.com.

Marc Anderson runs Hikehost. His phone is (518) 662-4453, email: marc@ hikehost.com and website: ghikehost.com.

Brenda Gorczynski runs Vertically Inclined Wilderness Guides. She is from Bronx, NY and can be contacted at 845-401-8807 or email verticallyinclined1@live.com. Brenda's website is verticallyinclined1.com.

Please take advantage of your online renewal/payment system to submit your dues payment and any web changes you may have. The online renewal form can be found at http://nysoga.org/membershiprenewal.html.

As always please contact me if you need anything 518-542-2709 or go\_lee3@yahoo.com. Everyone have a safe and successful Fall season.

## Summer Rendezvous Was A Great Success

A few relaxed directors at the Summer Rendezvous meeting.





A couple of future guides?



Campfire time at the Summer Rendezvous.

### Eric Lahr Named Director Of Forest **Protection Division**

DEC's Division of Forest Protection, which oversees the Ranger Program, has a new director - Eric Lahr. A DEC employee since 1988, Mr. Lahr has been a Forest Ranger and has also worked with division-wide trainings, wildfire suppression and organizing search and rescue operations.

# Try This Recipe... Gorpish

If you like chocolate, this is THE mix! Mix the ingredients and enjoy!

- 2 lb. bag granola
- 1 lb. bag chocolate chips
- 1 lb. bag butterscotch chips
- 1 lb. bag M&Ms
- (plain or peanut your choice)
- 1/2 lb. Andes Mints or butterscotch
- 1 lb. bag cashews, macadamias, almonds or walnuts



### REGION 4

Like other areas of our state, the warm winter has been followed by an unseasonablty warm and dry While this summer.

may seem to be good

news on the surface,



Bruce Fuller

it does cause some varying results in the overall outlook for the various outdoor activities to which we are so closely connected. Dry weather may make camping and hiking more enjoyable but the extreme heat certainly has the opposite effect. Dry and warm pays great dividends on the survival of young wildlife and I would expect to see virtually no loss of deer fawns and turkey poults due to the weather. I have had reports of some of the best spring fishing in decades, followed by a situation where the dry and hot conditions has dropped and warmed many of our waterways to the point where the stress caused to fish makes it unethical to even wet a line. Fortunately, some of our region has NYC reservoirs that automatically generate cold water releases and help to protect some of the water downstream.

One of my major concerns for much of Region 4 is the continued problem of our wild turkey population. Although there may be a few noted exceptions, a large portion of the region has seen a major drop in turkey numbers during recent years and I see no signs of improvement. Although it appears there many reasons for the decline, including a DEC verified disease issue in some areas, I am very concerned with the amount of very young we are seeing in late summer. To me, this is an indication of a more than serious predator problem. It is a natural fact that, although the incubation period for the turkey is approximately 28 days, the hen carries live sperm within her reproductive tract for 72 days. If she loses her nest to predators during her initial nesting period, this allows her to produce another batch of fertile eggs without the need to visit a gobbler. When very small turkey young are seen late in the year, it might be that she had to produce 2 or 3 batches of eggs before she was finally able to bring one to term. To me, it seems that heavy predation is the only logical explanation. This makes me wonder about the huge increase of fishers in our area. This is a predator that is as much at home in a tree as on the ground and can also take turkeys off the roost. If DEC is the culprit responsible for this dramatic increase, it makes me wonder if they would ever be totally honest about the decline issue and what can be done about it. Just my thoughts on the problem.

It's hard to believe October is almost here, along with the opening of archery big game and most small game seasons within the southern zone. For many of us involved with these activities or with the many other fall outings enhanced by the beauty of the changing seasons, it is time to gear up for the new opportunities. Wishing everyone a great and prosperous fall season.

#### **REGION 5**

By Sheila Young

I receive and review the DEC Forest Ranger Search and Rescue reports regularly. I see some recurring themes this season (June 6 through August). I may Sheila Young have occasionally missed



some reports, but I counted 16 lower leg injuries, 6 miscellaneous injuries, 14 distressed hikers, 28 lost persons, and 5 incidents of separated or delayed hikers.

Of the 69 Region 5 events I

reviewed, 39 occurred in the High Peaks area. Watching hikers as I travel, I often note they are wearing sneakers and even sandals, and boots are often not laced securely. It makes me wonder how many times our Forest Rangers are dispatched for possibly avoidable lower leg injuries.

The other number that caught my eve was the number of hikers in medical distress. The weather here was terribly hot and humid in late July and most of August. All the "distress" events were noted from July 11 to August 22, at the height of the hot weather. So, two cautions come to mind for

us all...appropriate and well-laced footwear and adequate hydration with knowing when to call it a day and turn around. As for the 28 lost...map and compass with the skills to use them, and keeping the entire party together might have avoided or shortened many searches. But my deepest appreciation and thanks go to those Forest Rangers who leave supper and bed so many times to come to our rescue. They have certainly had a memorable summer!

P.S. If you are a Region 5 member who has not been receiving my email updates, please contact me. My contact info is on page 2 of Guidelines.

#### **REGION 6**

By John Wainwright

Hot summer with moderate rainfall have created very warm and low water conditions across most of Region 6, creating slow fishing. DEC has recommended



in handling trout while fishing area streams including the West Canada Creek, Sauquoit Creek and Oriskany Creek. Water conditions have created a stressful situation for trout and thus I haven't fished any of these waters in over a month. Warm water fishing for bass and walleve have been rather slow in the Mohawk and warm water lakes and streams but, hopefully, the bass will go on their fall feeding frenzy taking considerable care John Wainwright in a week or two as water temps cool.

We had a nice crowd at the summer Rendezvous in West Leydon with great food and conversation. Scott Locorini and I managed to catch around 100 small large mouth bass on one of the interior lakes on the property which was a blast on spinning and fly gear.

Folks are now getting anxious for the fall hunting season which tends to sneak up on us after a busy summer. Hope all of you have a great autumn.

### **REGION 7**

By Sandra "Squeak" Rose

We are finally getting rain here; it has been a tough summer on that note and with the reservoirs, rivers and the lake still far below normal levels. we are still in need of



Sandra "Squeak" Rose

all the rain that we can get. The Region 7 team has been meeting regularly to

work on our plans for the NYSOGA Welcome Signs and we are making progress on that endeavor. We are working with the Oswego County River Guides on two different projects as well.

Region 7 has a full schedule planned for 2016/17, of that you can be rest assured! We are also putting together the first Region 7 Holiday Gathering, which we are looking forward to.

I am very pleased that the reports/ signs are pointing to a very favorable Salmon season for the Salmon River and Lake Ontario with a high volume of fish being confirmed on their way into the river. The local Salmon related industry here truly needs this good season as the past two have been scant.

The leaves are changing, the wood piles growing, the grasses are drying down and school buses are in route. Squeak has been busy preparing for hunting season to begin. I have been watching the calendar and counting down the days; I live for the hunt. I hope this finds everyone doing well and getting prepared for the changing weather. See you in October!

### **REGION 8**

By Capt. Jim Morgan Labor day already! Amazing how fast the summer flies by.

I had a very successful season fishing. Still have a few charters to do but after Labor Day, it really slows down.



Jim Morgan

In August, I took out two local outdoor writers for the Finger Lakes Times and the Auburn Gazette. We had a great morning catching the "grand slam" - all four species of trout. They wrote a great article with pictures in the papers.

The scribe for the Auburn paper also is the president of the N.Y.S. Outdoor Writers Association, Wayne Brewer. We all have been friends for many years.

I have been fishing Cayuga Lake on probably 90% of my trips. Seneca Lake is in real trouble and very few fish can be caught there - if any. DEC has been understocking trout, the lamprey population has exploded killing thousands of fish or more and the cormorant numbers have increased dramatically. Also, the salinity of Seneca Lake is 15 times higher then a normal lake. Last week, we found out why. An Ithaca firm specializing in environmental database services says Seneca Lake has been polluted by 19 spills in 32 years by the south end salt mines. This information was obtained from NYSDEC, which was never released to the public. "The system is rigged" - even our DEC is corrupt. When I personally talk to a biologist, or someone in charge of a region, they usually answer by saying they don't know, or "very interesting" or

flat out lie. They do not want to address all the problems with the pollution running off all the hundreds of wineries, Amish farms, inadequate septic systems, or big industry spills into our waters.

Now, again this summer on Seneca Lake, blue-green algae blooms have occurred. DEC knows about the streams producing high levels of phosphorus nitrates, manure, etc - but nothing has been done. Everyone is in a uproar over plans for storing gas in empty caverns in the salt mines, but little outrage over the poor water quality and all the pollution. All I can say is the "system is rigged."

There is no common sense to any subject you want to talk about. Anyway, that's the truth- and no, it's not "very interesting."

I have talked to a few charter boat Captains about joining NYSOGA, and the benefits of joining. Hopefully??

## Bellyaches



By NYSOGA member Tom Welch, M.D.

This column appeared as "Adirondoc" in the Sept./ Oct. Issue of Adirondac, the magazine of the Adirondack Mountain Club. Guidelines appreciates receiving permission from ADK and Dr. Welsh to reprint it here.

There are entire textbooks for physicians describing the diagnosis and treatment of the patient with abdominal pain. Distilling these for a one page wilderness medicine column is obviously impossible. Yet, most of us occasionally develop a bellyache while camping, and the vast majority of the time these resolve uneventfully. Let me simply mention a few specific causes, in no particular order, and highlight some of the features that demand further evaluation and concern.

Appendicitis is probably the condition about which most everyone frets, yet it is actually uncommon. The condition affects about a quarter percent of folks annually, with the peak age in the 10- to 19- year range. Few patients have "classic" findings of appendicitis, but typically the disorder begins with abdominal pain that then becomes associated with nausea and appetite loss. A low-grade fever then develops. There is tenderness when the abdomen is pressed, especially on the lower right side. Walking and movement are painful and difficult. Definitive diagnosis and therapy requires hospitalization.

Gastritis is a nonspecific term for irritation of the lining of the stomach. It has many causes, including infection, increased stomach acid, stress

and dietary factors. It typically causes a steady burning discomfort between the bottom of the breast bone and the belly button. On camping trips, dietary changes are the most likely cause. It generally responds to chewable antacids such as Tums®. Over the counter acid blockers such as Prevacid® or Zantac® are effective but take longer to work than antacids. Remember that some of the pain medications frequently used on hikes, such as Motrin®, are common causes of gastritis.

Gastroenteritis is an infection, usually caused by a virus, that affects the entire intestinal tract. It can cause

### 2016 Trip Planning Request

Compiled by Roy Earley

### August

DATE	ORIGIN	11ug ust	REGIO	ON CATEGORY
08-03-16	Vermont	1-2 People	??	B/G
08-04-16	Texas	1-2 People	5-6	B/G
08-05-16	Maryland	3-6 People	2-5	C/K, C/H
08-05-16	Maryland	1-2	6	B/G
08-07-16	New York	1-4	4	Hiking
08-10-16	New York	1-2	6	Hiking
08-15-16	New York	1-2	3-6	Fishing, L/R
08-18-16	N. Hampshire	1-2	5	Fishing, L/R
08-21-16	New York	??	3	B/G
08-22-16	New York	1-2	5	B/G
08-22-16	New York	1-2	5-9	B/G/Predator
08-22-16	New York	? ?	1-9	O/E, $N/T$ , $Y/G$
08-24-16	Penn.	??	??	F/F
B/P — Back B/G — Big C C/H — Cam C/K — Canc C/B — Char	Game p, Hike pe, Kayak	D/B — Drift Boats F/F — Fly Fishing L/R — Lakes & Rivers N/T — Nature Trips O/E — Outdoor Education	S. V	/G — Small Game /P — Streams & Ponds V/F — Water Fowl V/G — Youth Groups



"Guidie Says

... Hunting deer in a heavy swamp is very difficult. They hear you coming and can hide within a few feet of you without being seen. However, on a windy day with a noisy wind in the trees, it is harder for them to hear you coming and your hunt may be more successful ...

\* \* \* \* \*

... Deer love apples. Carrying them in as many pockets as possible helps to cover up your human scent and their smell might keep a deer from spooking ...

... If very young children are along on your next fishing trip, stash your hooks where only you can get at them such as in old childpoof aspirin or medicine bottles ... ... If serving food on a boat, wet a tablecloth and wring it out. It will help keep dishes from sliding with the boat's movement ....

\* \* \* \* \*

... A rustic (and cheap) reflector oven can be made from a clean #10 can as shown in the drawing. Prop it up with small stones ...

\* \* \* \* \*

... Bandanas are endlessly useful on an outing. Extremes of temperature can cause one's nose to run and they are more convenient to have along than Kleenex. A bandana can also be used as a hot pad, dish towel, a protection from sunburn and insects, a large bandage,

\* \* \* \* \* \*

napkin, wash cloth, etc. ...

# Camp Thank You Letters

Dear NYSOGA,

At Pack Forest I did a lot of activities. One of my favorite parts of camp was hiking and the over night. On the over night i hiked up to Jabez pond and fished on the pond. We played a lot of games in the rec field. My favorites were Oh Deer, Paranoia, and Kickball. Paranoia is a game were you get a flag and try to steal other peoples flags.

After breakfast we usually split up into lesson groups I learned all about trees and energy. We had a chance to

choose an activity for our long optional. I choose to do boating. I went out on the lake to fish. I caught a Small Mouth Bass.

Then we had a night optional. I choose scary stories. My favorite parts of camp were the opening campfire and Pack Olympics. But the best part was getting the potential volunteer award. I appreciated the opportunity that I was given. I had a wonderful time at camp.

> Thanks again, ALEXIS VOLLMER

Dear NYSOGA,

Thank you for sending me to camp. I had a blast.

We played a lot of fun games over the week. I also went canoeing and saw two bald eagles. I met a ton of new friends. I climbed one of the Saranac 6ers this year at camp as well. (Ampersand Mt.) The view was amazing.

The staff made my camp experience the best yet, but all of this would not have been possible without you sending me to camp in the first place.

> Thanks again, SAMANTHA GERMANO



Boxes containing 10,000 new rack cards to promote members' services.

## New Forest Rangers & ECOs Graduate And Are On The Job

graduates of the recent Uniformed Officer Academy are now on the job enforcing environmental laws and standards as well as protecting those who utilize New York's

DEC has announced that 48 approximately 5 million acres of state and other public lands.

> The Academy started on February 29 and ran for 27 weeks. The graduates have been assigned to available positions throughout the Empire State.

## Bellyaches

Continued from page 5

diffuse abdominal pain, usually accompanied by diarrhea and/or vomiting. Most episodes of viral gastroenteritis are self-limited, but can make a visit to the backcountry miserable. The only real first aid is ensuring adequate hydration. In the wilderness, plain water is usually the only option; it should be given in frequent but low-volume increments. Soup or bouillon can provide both water and salt. While over-the-counter anti-diarrheals such as Imodium may decrease the frequency of stooling somewhat, they do nothing to hasten the recovery or prevent dehydration. Finally, keep in mind that viral gastroenteritis is extremely contagious, and ensure adequate hand sanitation among the camping group to prevent spreading to others.

Constipation, in my experience of decades of taking groups and individuals on backcountry expeditions, is the most common cause of abdominal pain. Dietary change and reduced fluid intake are the usual culprits, although many Americans live with mild constipation daily anyway. Discomfort and straining with stooling, rather than the actual number of bowel movements, is the usual feature. Increasing fluid intake and introducing some dietary fiber, such as dried fruits and beans, may be the only option in the wilderness. I have recently begun carrying a stool-bulking agent, Miralax®, in my camping first aid kit.

Although most belly pain in the wilderness is benign, here are some red flags that should merit immediate termination of a trek: alteration of consciousness (confusion, lethargy) may be a sign of severe dehydration or systemic infection;

- blood from any orifice (vomit, stool, urine or non-menstrual vaginal bleeding);
- persistent pain that feres with sleeping or walking;
- pain that follows an injury. such as falling onto the abdomen;
- persistent lower abdomen pain in a woman of childbearing age in whom there is even a remote chance of early pregnancy.

Tom Welch, MD is a professor and chair of pediatrics at Upstate Medical University in Syracuse and an active member of the Wilderness Medical Society. He is a licensed professional guide and a certifying instructor for the Wilderness Education Association, and has guided groups in the Adirondacks, Montana, and Alaska. More information is available at his website and blog: www. adirondoc.com. Triathlete and gastroenterologist Marcus Rivera, MD, reviewed this column and provided helpful advice.



The NYSOGA Store

To order NYSOGA merchandise: Specify item(s) type, size, color, etc. ADD 8% SALES TAX

Include check or money order payable to NYSOGA. Write to: Herb Broome/NYSOGA • 6051 Veeder Rd. Slingerland, N.Y. 12159 Available items can be viewed on the www.nysoga.org website.

ITEM	DESCRIPTION	PRICE
Logo Patches	embroidered 3" round	\$6.00
Window Decal	interior 3x7"	\$3.00
Window Decal	exterior 5x8" NY outline yellow	\$6.00
Window Sticker	interior 2.5" round	\$2.00
NYSOGA Pin	pewter 1" round	\$6.00
Travel Mug	granite/green w/Logo	\$6.00
Membership Pin Collection	11 pins 1995-2005	\$5.00
Hat green/tan waxed canvas	embroidered guide pin	\$20.00
Hat tan cotton twill	embroidered guide pin	\$20.00
Tee Shirt Rend. 2015	maroon long sleeve M, XL, 3XL	\$18.00
Tee Shirt Rend. 2014 - Lyons Falls	gray M, Lg, XL, 2XL	\$7.00
Tee shirt Rend. 2013 - Malta	black Lg, XL, 2XL	\$7.00
Tee shirt Rend. 2012 - Hamilton	tan long sleeve M, Lg, XL, 2XL	\$10.00
Tee shirt Rend. 2011 - Lake Placid	grey cool dri fabric Lg, XL	\$7.00
Tee shirt Rend. 2010 - Hamilton	black Med, Lg	\$7.00
Tee shirt Rend. 2009 - Margaretville	brown Med.	\$7.00
Tee shirt Rend. 2008 - Boonville	rust Med. only	\$7.00
Tee shirt Rend. 2007 - Saranac	white S, Med, Lg, XL	\$7.00
Tee shirt Rend. 2003 - Johnstown	brown Med, XL	\$7.00
Tee shirt Rend. 2002 - Boonville	ivory XL only	\$7.00
Tee shirt Rend. 2001 - plain black	ivory S, M, Lg, XL, 2 XL	\$7.00
Tee shirt Rend. 1999 - Saratoga	ivory Med, Lg	\$7.00
'16 Rendezvous long sleeve polyester, dark blue with eagle emblem	M, L, XL, 2XL, 3XL	\$20

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